

The Calendula Story and the Now Age Era *by* Franklin Scarf

The attached photos show the brilliant food and medicinal herb Calendula (*Calendula Officinalis*) growing freely in gardens and containers along Katoomba Street, and throughout public areas in the Blue Mountains of Australia.

Anyone, anywhere can easily harvest Calendula seeds that awesomely transform from their radiant flowers. When the bright Orange petals disappear, there's the seed pod just waiting to be harvested.

Patience let the seeds dry, then sow them anywhere and everywhere in the world that this public community advancement action can be implemented.

Calendula's name derives from the Latin *Calendae*, referring to its long blooming season - in certain locales it is said to bloom nearly every month of the calendar year. The species name, *Officinalis*, refers to its historical use in apothecaries and pharmacopeias as the official medicinal species of its genus.

The numerous calendars recorded in human history, have all existed in the eternal nowwww ~ Humanity has evolved from the old age, through the new age, and the now age is present and will continue forever as now is all there is. The herb Calendula has self-selected to be a symbol for the Now Age Movement for health, peace, love and unity for all humanity.

Helping Calendula grow from seed is easy, even for the brownest of thumbs. Sow the prehistoric-looking seeds directly in moist soil, but not necessary as eventually the rains will come. Carve furrows in the soil and sprinkle in the seeds. Pray a blessing for their successful growth then move forward to plant more seeds

Calendula can thrive in just about any soil. It flowers more profusely in full Sun but can tolerate a little shade. If you live in the subtropics or tropics, try planting it in part shade, or plant it in the fall (it will thrive throughout the winter in warm climates).

Sun bright orange or golden yellow flowers and bright Green nutritious leaves, are historically used for medicinal and culinary purposes. Ruled by the Sun, this classic medicinal herb can help rejuvenate skin and greatly assists in helping heal skin surface wounds. Calendula has long been a staple in home gardens around the world.

Calendula oil is extracted from Calendula flowers and leaves. The oil has anti-fungal, anti-inflammatory, and anti-bacterial properties.

Calendula usually finds its way into the hearts and gardens of all herb lovers. It has been used for centuries, both internally and topically to help heal wounds, burns, and rashes.

The Sun bright flowers are a traditional remedy for supporting the immune system and lifting the spirits. If that weren't enough, the edible flower petals are bursting with antioxidant compounds.

Please consider sharing this everywhere to help sow seeds for love, unity, peace and prosperity for all humanity.

