

Mission Statement for the Earth Repair Foundation ~ ERF

The Earth Repair Foundation is an independent, self-funded, voluntary, non-government organisation (NGO) that was incorporated in Sydney Australia in 1987. ERF contributes to the global earth repair movement for community advancement and world improvement.

- **The Earth Repair Foundation:**

- **Motivates** for world-wide adoption of the **Earth Repair Charter Global Solution Strategy** and the **Vision 2030** campaign to increasingly become the most prominent theme to create a Decade of Peace ~ 2021 ~ 2030;
- **Aspires** to prompt people everywhere to learn about and adopt the world's best practices, to help implement a global food and tree growing race, instead of an arms race, for a sustainable and peaceful 21st Century;
- **Promotes** the practise of hygienic, aerobic, no-dig 'Sense of Humus' composting in every home yard to help grow permaculture designed food-forests in the majority home gardens everywhere. This practice can lead to sustainable eco-villages progressively emerging from within the suburbs of towns and cities around the world,
- **Developed** a comprehensive 'Back From The Future' (2030) Movie Outline designed to inspire, educate and motivate all present and future generations;
- **Invites** artists and partners to help complete and distribute a proposed multi-language **Sustainability Learning Poster** for every educational institution;
- **Prompts** people to regularly consume nutrient-dense foods and drinks to acquire good health and immunity efficiency;
- **Welcomes** donations to help keep this work alive and continuing, and we thank you in advance for any small or large contributions anyone may give;
- **ERF** as an acronym that represents Earth Repair First, Earth Repair Family, Earth Repair Friends, Earth Repair Funds, Earth Repair Festivals and Earth Repair for a Fabulous Future.

~ Please subscribe and participate in any way you can at earthrepair.net ~



Earth Repair Foundation

ERF is motivating for world-wide adoption of the Earth Repair Charter Global Solution Strategy to be one of the most prominent themes for this latest Decade on Earth ~ 2021 ~ 2030.

Volunteers at Team ERF offer these thought-seeds as achievable solutions.



Vision 2030 for a Decade of Peace

When enough people lead our leaders will follow!

ERF's primary mission is to inspire, educate and motivate present and future generations, towards a safer, healthier and more sustainable world. Our aim is to help people realise we are all related, and co-operation and peace is the natural order of life for everyone.

The essence of these pages has emerged from incalculable research, development and intelligence invested, to help enable increasing numbers of people to participate in practical actions for world improvement and community advancement.

The [Earth Repair Charter Global Solution Strategy](#) is from the people, for the people, and for every government. It is the primary manifesto of the earth repair movement. After wide consultation over decades, numerous achievable solutions have been carefully defined. The Charter has been endorsed by many eminent leaders from around the world who summarise the true value of this potentially historic document.

Endorsements can be read at earthrepair.net and everyone is invited and encouraged to read, absorb, adopt and network the Charter.

If you find some or all of these ideas inspiring and useful, please promote them with friends, family, community and religious leaders, and on social and main-stream media networks.

A primary element of the earth repair movement is home-yard composting and organic permaculture food-gardening. This is to help ensure food security for present and future generations. It will also enable the practise of hygienic, aerobic no-dig, composting in highly-efficient compost bins made from 100% recycled plastics.

Abundant eco-villages are encouraged to increasingly grow within suburban areas of towns and cities in each nation around the world to help mitigate global warming.

By adopting the minimum-maintenance, maximum-yield principles and ethics of permaculture, which shows how to co-operate with the SUN, the earth, the wind and the rain. This is to become one of the world's most honourable and ethical employment systems.

Large scale humus-soil production can also be enabled by recycling and composting all currently-wasted bio-degradable resources, including best-practise in using treated sewage to help grow increasing numbers of appropriate trees.

Thank you for reading this from ~ Team ERF
earthrepair.net



“What The World Needs Now is A Sense of Humus”.

Click to see a short video on composting in recycled plastic bins and hear the Sense of Humus song by Evie Pikler.

<https://youtu.be/V7VVRPdF7o0>

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EARTH REPAIR CHARTER

WE ARE HERE ON EARTH, NOW ORBITING THE SUN, PART OF THE MILKY WAY GALAXY IN THE INFINITE UNIVERSE

GLOBAL SOLUTION STRATEGY



~ THIS IS A CHARTER FROM THE PEOPLE, FOR THE PEOPLE, AND FOR EVERY TRUE LEADER IN THE WORLD ~

ADOPTION OF THIS CHARTER BY COMMUNITIES AND NATIONS WILL HELP RESOLVE CRITICAL ENVIRONMENTAL PROBLEMS AND BRING SOLUTIONS TO ENHANCE THE FUTURE FOR ALL HUMANITY.

Respect and have compassion for all life on Earth

* **engage** with the wisdom of Indigenous Peoples and learn from their history, culture and spiritual values; * **honour** the inheritance and protection of traditional languages, knowledge and sacred sites; * **support** self-determination and sovereignty treaty rights worldwide; * **enable** permanent representation of all the world's Indigenous Nations and Peoples in all United Nations forums; * **recognise** gender equality and respect all men, women, children and elders; * **put into practice** an International Bill of Human Rights.

Protect all natural heritage and biodiversity

* **respect** the Earth and take full responsibility for all our actions realising the inter-connectedness of all life; * **protect** in perpetuity and enable the regeneration of all remaining biodiverse, high-conservation value native forests and other natural heritage areas including lakes, rivers and oceans; * **end** the contamination of air, soil and waterways by stopping the mass burning of coal, oil and gas; * **accelerate** training & employment programs to restore cleared & degraded eco-systems; * **plant** and help grow increasing quantities of appropriate trees to draw down atmospheric carbon dioxide to mitigate climate change; * **preserve** and maintain the genetic purity and diversity of seeds, plants and animals in their natural habitats; * **implement** a moratorium on genetically engineered crops which can interfere irreversibly with natural biodiversity; * **label** accordingly all foods altered with GMO and DNA technologies.

Achieve ecologically sustainable development

* **adopt** the World's Best Practices and reduce, reuse and recycle to minimise human consumption of Earth's finite resources; * **provide** adequate sustainable shelter to end homelessness; * **implement** into all education systems, reverence for nature, empathy and creative thinking; * **co-operate** locally and internationally to increasingly use new-clean renewable energy systems towards reducing greenhouse-gas emissions; * **disengage** from nuclear industries and end uranium mining; * **increase** the provision of and efficient use of public transport systems; * **support** the international Rights-Of-Nature movement and respect all sentient beings; * **utilise** environmentally responsible products, services, and deal only with materials manufactured or created within the principles of ecologically sustainable development; * **build** local facilities for waste processing and recycling; * **ensure** inter-generational equity by progressively planning ahead for the well being of the next seven generations.

Acquire good health and immunity efficiency

* **integrate** a complementary and wholistic approach with natural health care and medical sciences; * **practise** letting our food be our medicine and our medicine being our food; * **attain** and maintain physical and mental well being by combining an optimistic attitude, adequate sleep, exercise and nutrient dense foods; * **eat** and/or blend to drink plant based, enzyme and anti-oxidant empowered, raw, living foods; * **remember**, prevention is far better than cure; * **end** all forms of bullying; * **take 'me' time** to meditate and pray; * **abstain** from overeating and health-reducing practices such as smoking tobacco, and excessive alcohol and drug abuse; * **implement** into all education systems, knowledge about essential life skills including first-aid, effective communication, self-development and emotional intelligence; * **provide** free family planning, birthing and parenting advice; * **inspire** everyone to realise their highest physical, mental and spiritual potential.

Use permaculture to ensure food security for all

* **establish** efficient food and medicine gardens as productive permaculture learning and growing centres, in schools, home yards, parks and at all prisons, and refugee and detention centres; * **supersede** unsustainable monoculture, toxic pesticide use and animal farming, with high-yielding, diverse, local, resilient and organic agricultural systems; * **propagate**, plant and help grow food-forests, inter-cropped with complementary and companion vegetation, in all appropriate urban and rural areas to produce fruits, nuts, vegetables, herbs, grains, hemp fibre, timber and fuel to increase ethical employment and help end hunger and poverty; * **create** eco-villages in every suburb; * **promote** individual and community self-reliance through eco-system restorations with local employment and exchange trading systems.

Practice composting to restore Earth's soils

* **produce** valuable humus-soils for home, municipal, farm and forestry use by composting all continuously available biodegradable materials; * **recycle** used plastics into manufacturing increasing numbers of hygienic, aerobic, no-dig, conical shaped, composting bins for every home yard. * **breed** increasing numbers of Earth worms to make humus-rich soil and help healthy food-forests grow organically in all appropriate places; * **treat** sewage to irrigate trees and accumulate biomass; * **transition** from mining Earth's gas to capturing and utilising bio-gas.

Base economic order on social justice

* **promote** equal opportunity for everyone; * **encourage** ethical investing and demand that corporate business and governments put the welfare of people before profits and military spending; * **support** achieving all Sustainable Development Goals; * **forgive** the debt burdens of impoverished countries; * **aim** for fair resource distribution to satisfy the essential needs for all to live with health and dignity.

Resolve conflict with creative mediation

* **learn**, develop and encourage the skills of conflict resolution; * **expedite** participatory democracy between people and their elected governments and local councils; * **establish** departments for peace within every government; * **replace** opposition party politics with collaboration in all governments; * **nurture** equality, love, respect and understanding between individuals, genders, age groups, families, communities, cultures and races; * **encourage** all religions, faiths, nations and peoples to live in harmony as one family, sharing the Earth as our common home; * **facilitate** equal worldwide access to education resources and communication technologies; * **ensure** freedom of speech for all; * **investigate** all human rights violations; * **grant** an international amnesty for all political prisoners; * **demand** that the main news media be truthful, accurate and responsible.

Transform the military to earth repair & peace

* **redirect** funding, expertise and resources from all national military service sectors towards implementing environmental restoration programs to help solve Earth's climate crisis; * **enable** each country to participate in strengthening an International Global PeaceKeeping Service to ensure world-wide security; * **decommission** and eliminate all nuclear and biological armaments, depleted uranium, land mines, cluster bombs and all weapons of mass destruction.

Unite with others to enhance the future for all

* **contribute** by helping achieve the local and global objectives of the Earth Repair Charter; * **raise** awareness of this Solution Strategy that was adopted by the worlds first Global Earth Repair Summit/Conference that began in early 2019 in Washington State USA; * **support** the campaign for All Nations to Unite and start a global food and tree growing race; * **network** with education, religious, union, political, military, local Councils and community groups; * **treat** planet Earth as common ground where all people can enjoy life in co-operation for love, unity, peace and prosperity.

Started in 1990 and progressively refined up until to now.

Everyone on Earth would know about this **Charter** from two people in 34 days, if they each shared it with one new person a day for 34 days, and each person receiving the strategy shared it with one new person a day for the balance of the 34 days. Totals over 8 billion shares.

~ When enough people lead our leaders will follow ~

PRODUCED BY THE EARTH REPAIR FOUNDATION WITH ETERNAL GRATITUDE TO ALL CONTRIBUTORS.

Earth Repair Foundation ~ ERF ~ PO Box 503, Katoomba NSW 2780 Australia. info@earthrepair.net earthrepair.net



Join with these EARTH REPAIR CHARTER endorsers and like and share this Now-Age global solution strategy towards helping make the whole world great for everyone. Share earthrepair.net

“I was thrilled to receive your Earth Repair Charter and all my best wishes are behind it”.

David Suzuki, David Suzuki Foundation



“The Earth Repair Charter’s unique approach is capable of uniting all people, communities, religions and nations in the common purpose of helping solve Earth’s environmental, social and economic dilemmas”.

Burnum Burnum, Australian Author, Activist & Actor, 1936-1997

“The Earth Repair Charter is helping us to be enlightened in our relationship with the Earth and compassionate to all beings”.

H.H. The Dalai Lama



“Life on Earth is at immediate risk and only implementing the Earth Repair Charter can save it”.

Richard Jones, Former MLC, Independent, NSW Parliament, Australia

“The Earth Repair Charter is clearly an idea whose time has come. It inspires hope and optimism for a safer, saner and healthier future for everyone. I recommend it be included in all educational institutions”.

Jenny Kee, Australian designer/artist

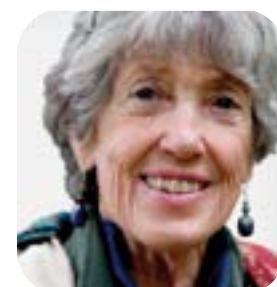


“The Earth Repair Charter is the way to help rescue the future from further ignorance and environmental degradation. Please promote the Charter to help create a safer, healthier and more peaceful world”.

Geoffrey BW Little JP, Australia’s Famous, International Smiling Policeman

“I consider that the Earth Repair Charter is self-evident as an achievable Global Solution Strategy. I urge every national government to adopt it as the priority within each country”.

Joanna Macy, PhD , Professor, Teacher, Author, Institute for Deep Ecology, USA



“I am pleased to say that the Earth Repair Charter represents the best possible path for everyone to consider. Best wishes, good luck”.

Peter Garrett, Midnight Oil and Past President of ACF

Join with these EARTH REPAIR CHARTER endorsers and like and share this Now-Age global solution strategy towards helping make the whole world great for everyone. Share earthrepair.net

“I love the Earth Repair Charter and give it my whole hearted endorsement”.

Noni Hazelhurst, Australian Actor



“The Earth Repair Charter is, in our opinion, a document that can greatly contribute to improving the quality of life on this planet”.

Donald Rojas, World Council of Indigenous People, Canada

“The Earth Repair Charter is a blueprint for united action by the Parliaments of the world. Through increased global co-operation, the precepts of the Charter can be brought to fulfilment”.

Former MP, Maggie Deahm, Australian Parliament



“People everywhere must now unite and demand that all politicians and policy makers implement demilitarisation and the objectives of the Earth Repair Charter to ensure the survival of future generations”.

Jonathan Bevan, LLB, United Peoples Association, Australia

“The Earth Repair Charter has the capacity to galvanise action against the neglect by governments of that which should be most treasured - peace, justice and a healthy planet. I endorse it with great enthusiasm”.

Former Senator Lyn Allison, Australian Democrats



“The Earth Repair Charter is a visionary and exciting approach to solving the environmental and social crises facing the planet today. I’m proud to add my name to the list of supporters”.

Former Senator and Leader of Australian Greens, Dr Bob Brown

“The Earth Repair Charter is a visionary statement that educates, inspires and motivates actions for peace on Earth”.

Dr Keith Suter, BA, PhD, Economic and Social Commentator



“People of all nations committing to this global solution strategy will regenerate the Earth’s beauty and richness, and allow quality life for all to become a sustainable reality”.

Dudley Leggett, Director, Sustainability Research Institute, Australia

“The Conflict Resolution Network endorses the Earth Repair Charter and will make every endeavour to help achieve its noble aims”.

Stella Cornelius, AO, OBE, Director, Conflict Resolution Network, 1919-2010



**An ancient prophecy says:
'Nations will not practise war any more'.**



Let this be the time for people everywhere to help make this prophecy actual and factual to help keep war out of our future.

By transitioning from wasteful annual global military budgets of over \$2 Trillion dollars (that's 2 thousand billion dollars a year) to invest into funding the 33 achievable solutions listed below. As adoption of the Earth Repair Charter Global Solution Strategy self-perpetuates, there will be an abundance of funding available.

The transition will include engaging key personnel, resources and expertise from all national military service sectors, to implement **Global Earth Repair projects in co-operation with all the world's people, communities and nations to help solve Earth's environmental and social crisis.**



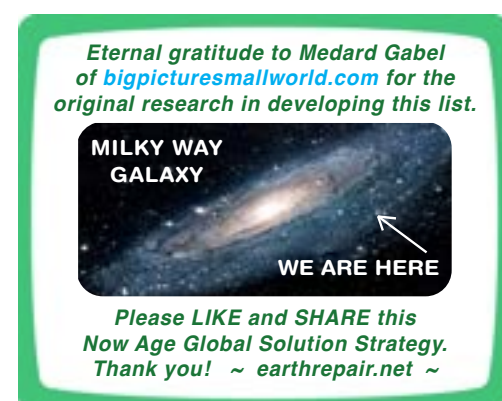
~ GLOBAL EARTH REPAIR PROJECTS ~

1. The 1st Global Earth Repair Conference (GERC) was held in the USA in May 2019; Fund GERC's in every nation ASAP;
2. Assist to restore eco-systems on lands, seas, lakes and rivers;
3. Compost all available bio-degradable materials to create massive volumes of humus-rich soil and breed increasing numbers of earthworms at the same time. This will help replenish and revitalise the Earth's depleted top-soils;
4. Manufacture increasing numbers of hygienic, aerobic, no-dig, conical shaped composting bins from recycled plastics for every home yard! Then, all bio-degradable resources can be used to restore degraded lands;
5. Provide safe clean water for all by creating large-scale solar and renewable-energy powered, desalination plants and water pumping stations in strategic locations throughout the world, then piping the purified water to arid areas; this would enable garden food-forests to be growing in increasing abundance to end hunger and unemployment;
6. Cultivate the learning of permaculture ethics and principles in every school towards ending hunger & under employment;
7. Adopt organic permaculture farming principles in the growing of all food crops including hemp for fibre;
8. Make compost from treated sewage, to help grow trees;
"Planting and helping grow increasing quantities of appropriate trees, is the scientific solution to Earth's environmental dilemma."
Dr Richard St Barbe Baker, Founder 'Children of the Green Earth';
9. Protect in perpetuity, all remaining high conservation value native forests to conserve the vital bio-diversity;

12. Accelerate appropriate mixed-species plantation forestry;
13. Provide free universal education and health-care for all people;
14. Fund the International Rights of Nature movement so all sentient beings can be respected to live and die peacefully;
15. Adopt the wisdom of Hippocrates who taught "Let your food be your medicine, and your medicine be your food";
16. Motivate all to acquire good health & immunity efficiency;
17. End malnutrition and starvation by healthy practices;
18. Disarm nuclear weapons and ban all weapons of mass-destruction including bio weapons; eradicate all land mines;
19. Implement a Universal & International Bill of Human Rights;
20. We ask all the world's Indigenous First Nations Peoples to unite with every sovereign nation and establish a global organic food and tree growin race, to help stabilise Earth's climate and enable future food security for all humanity;
21. End homelessness world-wide by helping provide sustainable shelter for all;
22. Use only 'new-clean' renewable energy systems based on the 'World's Best Practices';
23. Replace 'opposition party' politics with 'collaboration party' politics in all governments;
24. Provide free family planning and birthing and parenting advice for a stable growth in our world's population;
25. Ending racial and religious tensions by recognising our one humanity and Earth as the common home for all people, we, all sovereign citizens of the infinite universe;
26. Stopping further global warming, climate change, ozone depletion and mass extinction;
27. Replace single use plastics with non-polluting alternatives;
28. Build suitable air craft to effectively water bomb out-of-control forest fires using military air forces of every nation;
29. End self-harm and suicide by encouraging effective social inter-connectedness;
30. Solve concerns about the safety of chem-trails, fluoridated water, geo-engineering, 5G, and mandatory vaccinations;
31. Recognise the equality of genders and sentient species;
32. Establish a Ministry or Department for Peace in every nation to administer the end of domestic and all violence;
33. Embrace Inner and World peace for everyone for all time.



This is the CND emblem for Complete Nuclear Disarmament. The acronym is in the design!



BELIEVE IT and ACHIEVE IT



BE PART OF THE SOLUTION BY SHARING THE THOUGHT-SEEDS IN THIS INITIATIVE WIDELY ASAP.

Please send to community leaders, politicians, the media, and family and friends. Thank you!



The VISION 2030 emblem is a modern interpretation of an ancient prophecy that says: 'Nations will not practise war any more'.

Now is the time for all humanity to unite for peace and make this prophecy actual and factual.

The vision is for a world community of caring and sharing people, working and living in good health and in harmony with all other beings in peace and sustainable abundance.



NOW IS THE TIME FOR ALL GOOD PEOPLE TO SHARE THIS VISION FORWARD!

THE VISION 2030 PROJECT:

- **invites** everyone to participate in the achievable quest for all nations to transition from wasteful military budgets, towards eco-system restorations and creating abundant and sustainable food-forests in urban and rural areas everywhere;
- **Encourages** people to learn and practice the minimum-maintenance, maximum-yield principles of permaculture and how to live long, healthy and sustainable lives;
- **Motivates** for all continuously available and appropriate bio-degradable materials to be composted via hygienic, aerobic, no-dig composting methods with bins made from 100% recycled plastics. This will enable the breeding of increasing numbers of earth worms and massive volumes of humus-soil to be used to replenish Earth's depleted top-soils and helping nature to organically grow food-forests in the majority of home yards and all other appropriate places;
- **Planting** and helping grow an abundance of home garden food-forests will create ethical, honourable and practical employment;
- **Growing** increasing numbers of eco-villages in urban areas in every nation will provide an abundance of fresh healthy living foods for present and future generations;

• Permaculture learning is suggested to be integrated into all educational systems and institutions, including correctional centres, refugee and asylum seeking centres and tent cities for the homeless. Permaculture is a social design science that is already helping humanity to thrive. Learn more by searching and browsing through the hundreds of pages of picture stories and videos on internet;

***Permaculture Ethics are:
Earth Care; People Care; Fair Share.***

- **Establishing** efficient food and medicine gardens as productive learning and growing centres in home and school yards, community spaces, detention centres and gaols;
- **Lobbying** all levels of local, state and national governments to enable everyone to participate in earth repair actions for a sustainable and abundant future;
- **VISION 2030** supports local and global co-operation to help mitigate climate change, and create honourable employment to help end world hunger.

Vision 2030 is part of the EARTH REPAIR CHARTER GLOBAL SOLUTION STRATEGY at earthrepair.net

Please share this page with friends and family, community leaders and organisations, government ministers and the media. Thank you.



The VISION 2030 PROJECT has been developed by the Earth Repair Foundation and is endorsed by: Transition Blue Mountains; Permaculture Blue Mountains; United Peoples Association Australia; and the Sustainability Research Institute, Australia.



THE NOW WORLD ORDER FOR INNER PEACE IS HERE TO STAY AND WILL CONTINUE FOREVER, AS NOW IS ALL THERE IS!

**WE ARE HERE
ON EARTH**

ORBITING THE SUN, PART OF
THE MILKY WAY GALAXY IN
THE INFINITE UNIVERSE



OPTIMISM AND NOWIST THINKING, ENABLES EVERYONE TO ENJOY THE PRESENT MOMENTS AS THEIR BEST TIME, CONFIDENT THAT EVEN BETTER IS YET TO COME!

Share this Now World Order poster and sow 'thought-seeds' for peace to help make life on Earth wonderful for everyone.

The potentially historic [Earth Repair Charter Global Solution Strategy](http://earthrepair.net) is designed for a whole system change to help

enable all present and future generations to experience their best lives possible for the longest period of time.



Peoples and Nations are invited to sing this rhyme, and practise permaculture to help grow herbs and veggies, nuts and fruits, using home-made compost on the roots!



"Plant food~forests, clean the air, save old forests everywhere! Peoples of the world unite. Feed the hungry, make it right. Lay down weapons, live in peace, watch the global conflicts cease!"



"A love-filled world is what we need, we can all help Sow the Seeds. Get the Feeling, Join the Movement, Earth Repair for World Improvement!"



We, the people sharing this, ask that all the Indigenous First Nations Peoples of Australia and the World, unite with all other Sovereign Nations to create a New Earth organisation called ANU, All Nations United and establish a Global Organic Food and Tree Growing Race, instead



May humanity realise its full potential, so all people enjoy INNER and WORLD PEACE.

of an arms race, to urgently help stabilise Earth's climate and provide food security for all present and future generations. We aspire for the 21st Century to be loving, united, peaceful and prosperous, bringing maximum benefits to the greatest



numbers of people to last for the longest time.

Please share this future-vision Blue Mountains Fine Art Poster for a decade of Peace 2021 ~ 2030 and we thank you in advance for doing that from Team ERF ~ earthrepair.net ~

The Now World Order is Thought-Seeding for all to experience inner peace, and explores the long awaited and much anticipated, great planetary and human spiritual awakening.



We the people sharing this:

- **PARTICIPATE** in the movement for world improvement & lobby for all nations to unite and establish a global organic food and tree growing race to help stabilise Earth's climate and ensure future food security;
- **ASPIRE** for a loving, united, peaceful and prosperous humanity & for this decade and the 21st Century to bring maximum benefits to all present & future generations;
- **INVITE** everyone to be part of the awakening of all humanity to the highest level of personal and collective conscious awareness, so all may be in peace in our true home in the HERE and the NOW;
- **RECOGNISE** ourselves as awakened, sovereign, spiritual citizens of the universe living on Earth, every one of us born free and equal in dignity and human rights;
- **REALISE** each one of us is a unique and unrepeatable, self-chosen great champion winner of life, as at our conception, we each came first to have a human experience on Earth ahead of millions of competitors; our 2nd birth is into limitless consciousness;
- **EAT** and drink nutrient-dense, raw living plant foods to help reverse disease, acquire immunity efficiency, and with appropriate walking and stretching exercises, attain and maintain optimum physical good health and mental well being;
- **BREATHE** slowly, deeply & consciously, start with three in-and-out nasal breaths, leaving thoughts of past and future aside and arriving at our true home in the Here and the Now where infinite and eternal conscious awareness is found;

- **UNDERSTAND** that by consciously living in the universe, the universe is also living within us; experienced like a falling raindrop splashing into the ocean and instantly becoming the whole ocean;
- **MAINTAIN** an attitude of optimism and gratitude, transforming difficulties into opportunities and problems into solutions, while enjoying the present moments as the latest best time so far;
- **ADOPT** and participate in the Earth Repair Charter Global Solution Strategy to help this Decade become a period of great peace, prosperity and abundance for all.

To EXPLORE further visit
earthrepair.net



101 THINGS WE CAN ALL DO TO HELP REPAIR EARTH

REDUCE, REUSE, RECYCLE

- 1. Reduce consumption wherever possible.
- 2. Buy products that are recycled, recyclable, reliable, repairable, refillable and reusable.
- 3. When photocopying, copy both sides of paper.
- 4. Buy products in bulk or with the least amount of packaging.
- 5. When shopping bring your own bags.
- 6. Use Keep Mugs instead of paper cups.
- 7. Instead of paper napkins use washable cloth napkins.
- 8. Mend and repair rather than discard or replace.
- 9. For infants use cloth or compostable nappies.
- 10. Motivate local fast food chains and other businesses to end wasteful packaging.
- 11. Avoid impulse buying, read labels and research the products that you plan to buy.
- 12. Borrow or rent items that are infrequently used.
- 13. Maintain and repair items that you own to ensure longer life.
- 14. Refuse excess packaging when buying goods for example paper bags.
- 15. Separate at the source, recyclable and compostable materials.
- 16. Always dispose of non-recyclable rubbish in the correct way at the tip.
- 17. Study your community’s waste disposal system and oppose plans to build more landfills.
- 18. Develop a Sense of Humus for Earth’s soils and hygienically compost your kitchen and garden refuse into humus-rich soil and to breed increasing numbers of earth worms to help grow your own food organically.
- 19. Compost urine and faeces – Google Joe Jenkins Humanure Handbook for a free pdf.

ENERGY MANAGEMENT

- 20. Buy local and recycled goods to cut indirect energy use.
- 21. Make your home energy efficient. Insulate, double glaze, fix drafts, solar hot water and use renewable energy systems.
- 22. Close off and do not heat unused rooms. Use shutters or curtains on cold winter nights and hot summer days.
- 23. Avoid air-conditioning as much as possible.
- 24. Wear warm clothing in cool weather instead of using heating appliances.
- 25. Avoid keeping the refrigerator or freezer too cold and be as quick as possible when removing food and keep the doors open minimally.
- 26. Use the clothes line instead of a dryer as much as possible.
- 27. In winter use drying racks in front of your heating appliance instead of a dryer.
- 28. If you have to use a dryer keep the lint filter clean.
- 29. Avoid buying motorised tools or appliances when hand operated ones are adequate for the task.
- 30. Buy high-efficiency, low-energy consumption electrical appliances.
- 31. Use LED or low watt light bulbs.
- 32. Plant deciduous shade trees that protect the west windows from the summer sun but allow it in during the winter.
- 33. When building a new home ensure a passive solar design is incorporated.

WATER

- 34. Reduce water consumption as much as possible.
- 35. Do not let water run when it is not actively in use when showering, shaving, brushing teeth or washing clothes
- 36. Diligently repair all leaks and drips as soon as they occur.
- 37. Install efficient sink tap aerators and shower heads.
- 38. Install a dual flush or composting toilet.
- 39. Use grey water from washing and bathing for plants and gardens.
- 40. Collect rainwater and filter for drinking.
- 41. Put house plants outside when it rains.
- 42. Use phosphate free biodegradable soaps and detergents.
- 43. Use a filter system for safe drinking water.
- 44. Collect your urine in a bucket placed in a toilet. Dilute and pour into a compost bin or distribute at the base of Citrus trees.

EAT FOR OPTIMAL HEALTH

- 45. Practice the advice taught by Hippocrates, “Let your food be your medicine and your medicine be your food”.
- 46. Help seeds sprout and herbs grow on a kitchen window sill, balcony or veranda.
- 47. Eat lower on the food chain, ie raw, living fruits, vegetables and carefully prepared grains.
- 48. Consider how the production of your food effects the environment.
- 49. Decrease or eliminate consumption of animal products. These are sentient beings also.
- 50. Learn to prepare vegetarian and vegan foods.
- 51. Be creative with leftovers and compost what is not edible.
- 52. Read the labels on packaged foods.
- 53. Try to select wholefoods that are unprocessed.
- 54. Support laws that ban harmful pesticides and that require full disclosure.
- 55. Buy organically grown produce.
- 56. Acquire good health and immunity efficiency by eating raw anti-oxidant and enzyme rich foods.
- 57. Shop at farmers’ markets or food co-ops to support local organic growers and produce.
- 58. Help grow an organic garden food-forest instead of a lawn.
- 59. Question the health and environmental safety of food irradiation.
- 60. Draw attention to feeding local homeless people.
- 61. Support genetic diversity by growing rare and local species of fruits and vegetables, including bush tucker.
- 62. Support local family and community farming wherever possible.

TRANSPORT

- 63. Live as close to your job and shopping centres as possible.
- 64. Walk or ride a bicycle as much as possible.
- 65. Join a car pool for commuting.
- 66. Use public transport wherever possible.
- 67. Buy the most fuel-efficient hybrid car you can.
- 68. Properly maintain your vehicle, check tyre pressure regularly.
- 69. To save fuel don’t speed, drive at a moderate pace, slow down and accelerate gradually.
- 70. Choose the shortest least-congested route.
- 71. Combine shopping trips to minimise unnecessary travel.
- 72. Use trains and busses rather than cars or planes.
- 73. Reduce your need to travel, eg, unnecessary holidays overseas.

TOXINS and POLLUTANTS

- 74. Use non-polluting household products.
- 75. Use natural pest control products to control insects.
- 76. Avoid synthetic fibres like nylons and polyesters.
- 77. When building or renovating, use products that are nontoxic and are made within ecologically sustainable guidelines.
- 78. Boycott products that contain toxic chemicals.
- 79. Minimise the use of and check the side effects of prescription drugs before taking.
- 80. Avoid using wood burning fireplaces and slow combustion heaters as they produce CO2 and sometimes carcinogenic particulates unless an emission control device such as a Hearth Cat is installed.

PRESERVATION OF LIFE AND THE ENVIRONMENT

- 81. Achieve zero population growth by averaging two children per couple.
- 82. Don’t buy endangered plant or animal products from exploited species.
- 83. If needing to use timber, source it from sustainable tree farms, boycott rainforest timbers – alternatively try Bamboo.
- 84. Practice Permaculture ethics: Earth Care, People Care, Fair Share.
- 85. Encourage environmentally-sound practices at your workplace.
- 86. Buy products from company’s that don’t pollute or damage the environment or test on animals.
- 87. Join and volunteer with organisations working on causes that support the environment.
- 88. Contact your elected representatives through letters, emails, calls or visits, clearly communicating your concerns.
- 89. Avoid main-stream media and use Facebook, Twitter and Instagram for newsworthy stories with an environmental impact.

PHILOSOPHY

- 90. Simplify daily tasks and practice personal energy efficiency including meditation.
- 91. Read spiritual books and self-help philosophies to aid your progress in life.
- 92. Study and understand ethnic and cultural differences among people, recognise the inter-connectedness of all people and all life.
- 93. Satisfy your vital needs predominantly, rather than the lure of desires.
- 94. Appreciate all life forms not just those considered beautiful or useful for humans.
- 95. Spend time outdoors in nature as much as possible.
- 96. Contain pet animals and protect wild species.
- 97. Partake in or support non-violent activism for the Earth and its creatures.
- 98. Reduce stress in your life. Take ‘me’ time to meditate and pray, relax; slow down, smile, laugh, have fun, be joyful, sing and dance.
- 99. Spend time doing what you love.
- 100. Be positively optimistic towards a safer, healthier, more united and peaceful world.
- 101. Optimistically celebrate and enjoy the latest time as your best time confident that even better is yet to come. Aim for your last breath to be your best one, and make every breath and moment between now and then, an improvement on the previous. Then have a green burial and rest in peace with a tree of your choice growing over your peaceful body.

Help make peace on Earth with this PLAN FOR PEACE

Part of the plan is to motivate the creation of Multi-Faith Now-Age Learning Centres in all appropriate places throughout the world. These will help educate people to co-exist in harmony as one family, sharing the Earth as a common home. Ideally, the essence of the knowledge will be in the conscious awareness of each individual person, dedicated to optimistic thinking and NOW as the latest best time for all humanity.

You are invited to participate in this Plan For Peace to help honour the countless numbers of people throughout time who have unjustly died at the hands of aggressors; particularly those who continue to suffer human rights abuses today.

Optimistic Nowist Thinking consists of applying the most practical knowledge and useful wisdom from every religion, faith and philosophical ideology, towards the creation of a safer, saner, healthier, happier and more peaceful and loving world for everyone.

Nowists are people who are dedicated to the optimistic way, enjoying the latest moments as their best time knowing that even better is yet to come. Optimistic Nowist Thinkers aspire to always look on the positive side of life with an attitude of gratitude. They're confident about turning difficulties into opportunities and transforming problems into solutions.

The World Unity and Peace emblem contains icons and symbols representing most of the diverse beliefs that have influenced humanity throughout history. This emblem is designed to motivate achievement of inner and world peace for enjoyment by everybody and to prompt unity and co-operation between all religions, faiths, ideologies, philosophies, schools of thought, peoples and nations.

The icons embraced within the emblem collectively represent the ideological beliefs of the majority of the world's peoples. From the top they include in clockwise order: Australian Aboriginal; Indigenous American and Canadian; Polynesian; Tribal African; Rastafarian; Communism; Socialism; Paganism; Science; Bahai; Sufism; Islam; Christianity; Judaism; Egyptian; Taoism; Hinduism; Sikhism; Mayans; Shintoism; Buddhism; and Zoroastrianism.

Now is the best time for each one of us to recognise and respect ourselves and every other person as a unique, original, unrepeatable, valuable and important citizen of Earth and member of an awesome human family. We all are sovereign-born and free and equal in dignity and human rights. We share this beautiful world with billions of other kindred spirits and aspire to attain and maintain continuous inner and world peace.

One purpose of this initiative is to create a World Unity and Peace web site containing authentic, succinct and concise summaries of the history and essential precepts of each ideology.

People are invited to participate and selections of practical knowledge and useful wisdom from every culture will then be included in a Now-Age book with accompanying mind-vitamin thought-seed poster-cards of self-evident truths for wide circulation and open display.

Selections can be read at community gatherings of Churches, Houses of Worship, Mosques, Shrines, Synagogues and Temples throughout the world.

It is proposed that elected leaders from each group participate in researching and developing the very best descriptive summaries of each school of thought, for inclusion in the website and

book, towards helping all to realise their inner-peace, transcend differences with all others, peacefully co-exist and fully enjoy healthy, happy and loving lives. The poster-cards, well-placed, continuously radiate an inspirational and educational influence 24/7.

The Council for World Unity and Peace proposal has been created in response to an Earth Repair Charter directive which states: "Encourage all religions, faiths, nations and peoples to co-exist in harmony as one family, sharing the Earth as our common home".

The one-page global-vision Charter has been produced to promote implementation of a long-term world-wide action plan for a future free from wars, and humanity united in peace. The Charter presents succinct, practical, self-evident and achievable solutions. The Charter can be seen at earthrepair.net

To effectively enhance the future for everyone, only one generation needs to be positively influenced to think and act more wisely to help improve the world for all.

Most recognise that inner peace and world peace are interrelated. Peace on Earth depends on the level of peace within each individual. Peace can be found in the Here and the Now within every single one of us as a hidden splendor, nearer than hands and feet and closer than breathing. It simply waits there to be realised and experienced.

The proposed World Unity and Peace website, Wisdom Book and posters, are to provide a positive and optimistic approach to enable better understanding between different beliefs. Nowwww is recognised as the common uniting element. The quest is to reveal useful wisdom and valuable knowledge to enable each person to experience continuous and increasing peaceful happiness.

Included in the productions will be the astronomical perspective and humanity's position in the infinite universe. It is to cover outer and inner space and awareness of infinity and eternity consciousness, past, present and future.

Now more than ever, let's all do everything we can to help peace grow in the world. Think peace. Talk peace. Love peace. Eat for peace. Resolve conflicts for peace. Walk for peace. Smile for peace. Enjoy inner peace and vision world peace. Make and wear Peace Now badges and/or T-shirts. Write letters and sign petitions for a Ministry or Department for Peace in every country. Make and display White flags or placards for peace. Help grow food forests for peace. In silence or audibly, regularly sing, chant or think 'peace nowwww' for an instant mood-elevating experience.

Please share and network this information with your local State and Federal Members of Parliament, religious and community leaders, social and mainstream media and with family and friends.

Help lobby governments everywhere to support this plan as a worthy priority. Media's participation is encouraged to publicise this plan as priority news.

Team ERF at earthrepair.net



This initiative is offered by the Earth Repair Foundation

Enquiries, write to: info@earthrepair.net



Last revised: 27th December, 2022

IMAGINE BACK FROM THE FUTURE ~ A NEW-EARTH MOVIE OUTLINE



VISUALISE ALL HUMANITY LIVING IN PEACE

This movie outline is to create a Culture of Peace and Non-Violence, for all age Children of the World. Inner and world peace are just a movie away.

Writers and movie producers are invited to volunteer their creative intelligence to help develop this production as a movie or a multi-media documentary, to show how to effectively live sustainably in a world without war.

~ WHAT IS NOW PROVEN WAS ONCE ONLY IMAGINED ~

2030 🌱 An International Earth Repair Summit is held, and Inner and World Peace are proclaimed as the theme for the remainder of the 21st Century. 🌱 People on Earth are empowered with optimism, enjoying inner peace, and are living in wisdom, happiness and love. 🌱 All nations and peoples are communicating and co-operating and enjoying peaceful co-existence. Humanity is collectively enlightened!

~ Here is how we got there ~

2021 🌱 A global pandemic became the catalyst that united the majority of Earth's citizens to initiate a global system based on truth, unconditional love, virtue (help ever, hurt never), peace and non-violence for a perfectly balanced society. 🌱 Motivating begins for every nation to progressively transform their military expertise and resources to help implement the objectives of the [Global Earth Repair Charter](#) as the highest priority in each country. The Charter is increasingly recognised as a self-evident, practical, feasible and achievable global solution strategy towards creating a safe, sane and peaceful millennium for present and future generations. 🌱 This Earth Repair movie outline inspires, educates and motivates people everywhere into healthier, happier and more sustainable and peaceful lifestyles. 🌱 The global overview perspective becomes popular as regional and national borders are transcended, and increasing numbers of people see the Earth as the common home for all humanity, and all humans as sovereign citizens of the infinite and eternal universe. 🌱 A world's best practice, multi-language, pictorial learning poster for sustainable living is close to being implemented in every school; 🌱 'Sense Of Humus' composting and earth worm breeding are gaining global significance. 🌱 All previously-wasted and continuously available bio-degradable materials are now being composted into humus-rich soils. 🌱 Well planned global strategies are implemented to propagate, plant and fertilise increasing quantities of food-forests in home gardens throughout suburbs of towns and cities around the world to help end hunger and unemployment.

2022 🌱 Greenhouse gas emissions are decreasing globally with unprecedented co-operation between nations. 🌱 The practice of Permaculture (permanent sustainable organic agriculture) is adopted by all levels of society. 🌱 Efficient organic food and medicine gardens are established as productive permaculture learning and growing centres in schools, homeyards, community gardens, and refugee detention, rehabilitation and corrective services facilities.

2022 🌱 Prominent international fast food and drink companies, adopt the menu proposals of McNaturals International Pty Ltd and now provide genuine, nutritionally-dense, plant-based foods, drinks and ice blocks to help people acquire good health, immunity efficiency, vitality and contentment with life. 🌱 Significant advances are being made in the widespread use of simple, inexpensive and effective, self-help practices and health-care programs to help reverse disease bringing maximum benefits to people worldwide. 🌱 Smoking tobacco is banned in all enclosed and covered public places. 🌱 Smoking is prohibited where children are present to assist their health and to discourage all smoking and drug abuse. 🌱 The misunderstood plant Hemp is re-legalised and is industrially grown for fibre. 🌱 The healing herb Cannabis is formally adopted for medicinal use globally. 🌱 Bio-regional landcare systems are endorsed by governments everywhere, enabling more effective self-management of local ecosystems. 🌱 A world-wide United Peoples Assembly adopts the Global Earth Repair Solution Strategy Charter as an International Decade theme. 🌱 All industries are now responsibly reducing, reusing and recycling their wastes. 🌱 An international moratorium on old growth and native rainforest logging is implemented. 🌱 All high-conservation value native forests and areas which support flora and fauna unique to these priceless biodiverse ancient treasures, are now permanently protected. 🌱 A Global Earth Repair Summit is held inspiring increasing numbers of people to participate in eco-system restorations.

2023 🌱 The World Council of Indigenous Peoples assume co-custodianship of all remaining natural and protected World Heritage areas for the security of present and future generations. 🌱 Australia sets a human rights precedent for indigenous sovereignty recognition by allocating Old Parliament House in Canberra as a permanent Embassy for all the world's Indigenous and Original Tribal Peoples and combined with all other sovereign nations, a New-Earth International organisation is created called ANU, 'All Nations United'. 🌱 In Australia, Crown/Aboriginal land is granted for homeless people to establish tent villages with basic infrastructures, where Permaculture and life skills for personal sustainability are learned. 🌱 Nations, now more than ever, redirect personnel, expert intelligence and resources from their military service sectors towards constructive and productive community advancement industries as a primary objective within each country.

2024 🌱 Scientists work as the highest priority on disposing of the dangerous wastes of warfare and the toxic wastes of industry. 🌱 Every nation now participates in a united Global Peacekeeping Service to ensure international security. 🌱 Global legislation is implemented to decommission and eliminate all nuclear and biological armaments, land mines and all other instruments and weapons of mass destruction. 🌱 Major progress is being made using renewable energy systems harnessing solar and wind power to desalinate and pump ocean water inland to rejuvenate arid areas.

2025 🌱 The World's population becomes stabilized through free family-planning education and a positive reduction of poverty in the third world. 🌱 Major progress is made with the planting and growing of Permaculture designed food-forests on home blocks, and implementing appropriate technologies for immediately and progressively freeing disadvantaged people from hunger and homelessness. 🌱 Uranium mining ceases as nuclear reactors are replaced by solar, wind and other new-clear, efficient renewable energy systems. 🌱 Nuclear wastes everywhere are guarded securely as safe and effective storage methods are implemented. 🌱 New technologies enable pollution-free clean power stations.

2026 🌱 Ecologically sustainable development becomes the priority among all nations and the world's best practices are adopted at every level of society to enable conservation of Earth's finite resources. 🌱 All basic education now includes respect for nature, the art of birthing and parenting, first-aid, effective communication, self-esteem and creative artistic expression. 🌱 The numerous and various religions, philosophical ideologies and schools of thought, all recognise the presence of the eternal now as integral to every belief. 🌱 Optimistic nowist thinking is spreading as people begin enjoying the latest moments as their best time. 🌱 The nations of Earth are now enthusiastically involved in an global organic food and tree growing race, instead of an arms race. 🌱 Trees propagated, planted and successfully growing using humus-soil, rock mulch and the latest methods, doubles each year, and rainforest logging and wood chipping of all high-conservation value native forests has finally ended worldwide. 🌱 Entire degraded ecosystems are restored and regenerated as vital nutrients are returned to the earth through the mass-production of humus by composting. 🌱 Artificial fertilisers are replaced by fine rock-dust and humus to re-mineralise soils, increase the nutrient value of food crops and boost resistance to plant disease; 🌱 Sewage is treated extracting bio-gas and irrigating and fertilising trees to accumulate bio-mass.

2027 🌱 Permaculture and other natural organic growing methods provide ethical employment and food for increasing numbers of people. 🌱 Large scale Spirulina farms are established in numerous sun-drenched areas to provide people with the abundance of chlorophyll rich nutrients contained in this complete whole food algae. 🌱 Wildlife populations increase and animal experiments and exploitation are abolished. 🌱 Increasing numbers of people turn to a raw living plant-food diet. 🌱 Humanity develops a respect for, and comprehension of, the inter-connectedness and inter-dependence of all life forms.

2028 🌱 A complementary and wholistic approach is now integral to medical science and health care. 🌱 Diseases such as cancer, AIDS, Corona viruses and other severe illnesses, dramatically reduce through natural and preventive healing practices. 🌱 Increasing numbers of people have adopted becoming Vegan towards the whole world following. 🌱 People everywhere become more vital and healthy as they practice the principles advocated by Hippocrates the founder of modern medicine who taught, "Let your food be your medicine". 🌱 The increasingly popular practice of helping grow and eating fresh, organically-grown vegetables, fruits, sprouting seeds, nuts, herbs and grains, eaten raw or lightly cooked, enable people everywhere to naturally acquire immunity efficiency and attain and maintain good health in their bodies and minds. 🌱 Resources and budgets that were previously used for military services have been transferred to peace and prosperity-generating activities, thereby substantially increasing employment and eliminating poverty and hunger. 🌱 Global systems are now in place to minimise the demand for environmentally costly mining operations and the dangers of transporting and using oils and other hazardous chemicals.

2029 🌱 The world's religions, political ideologies and sciences have transformed conflict into peaceful resolution, and unite in the spirit of wisdom, recognising the essence of truth in all faiths and beliefs. 🌱 Increasingly, individuals become committed to the optimistic way and now see themselves as eternity-conscious, unique spiritual beings having a human experience on Earth in the infinite universe. 🌱 The majority of people are working and living in harmony with nature and are creating peaceful paradise food gardens across the Earth rewarding everyone with good-health, happiness, prosperity and abundance.

2030 🌱 A worldwide week long celebration beginning on Earth Day (April 22nd, 2030) acknowledges the success of this Decade for Earth Repair Action and Inner and World Peace being enjoyed by everyone, leading into the **2031 ~ 2040** Decade and beyond.

PLEASE READ AND DISPLAY PROMINENTLY FOR REGULAR CONSIDERATION.

You are welcome to network this movie and/or possibly book outline, wherever or whenever you think appropriate. Copy, circulate, translate, broadcast, display or publish it towards a sustainable future with all people united in inner and world peace. Creative writers are invited to make editorial comments to help make this outline and the Earth Repair Charter an effective global solution strategy to be implemented from now on. To communicate enquiries or suggestions for this document, please contact the addresses or numbers below. Thank you.

Last revised: 27th December, 2022

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“What the World Needs Now IS A SENSE OF HUMUS”

Compost instead of waste to breed Earth worms and make humus-soil, helping nature to grow the healthiest foods is FUN-WORK, NOT TOIL.

This campaign is motivating the world community to reduce, re-use and recycle all used hard and soft plastics to re-manufacture into composting bins, for every home yard in cities and towns world-wide, towards achieving a no-waste society.



The bins are hygienic, aerobic and conical shaped, (like the bins pictured here, although these bins have had eight x 3mm holes drilled into them in a symmetrical grid, and one in the lid), providing continuous aeration, enabling optimal bio-degradation and an efficient no-dig method.

Composting bins can be used in every home yard to stop the waste, and to process ALL the continuously available bio-degradable resources. This will produce increasing quantities of earth worms and humus-rich soil to use in helping grow permaculture-designed urban and rural food-forests in all appropriate places.



As this activity accelerates globally, it will enable unlimited ethical and honourable employment, enhance local and global co-operation, produce an abundance of fresh, healthy, living plant foods and ensure ongoing food security for all. It also has the potential to help mitigate climate change and reverse global warming.

Every compost stack is an earth repair bank and every deposit made is an investment into a sustainable future.

Please share this thought-seeding strategy with your friends and families and be part of the solution to help accelerate Vision 2030 towards a world community of caring and sharing people living in good health, peace, happiness and sustainable abundance.



This campaign is being conducted by the Earth Repair Foundation (ERF).
@ earthrepair.net

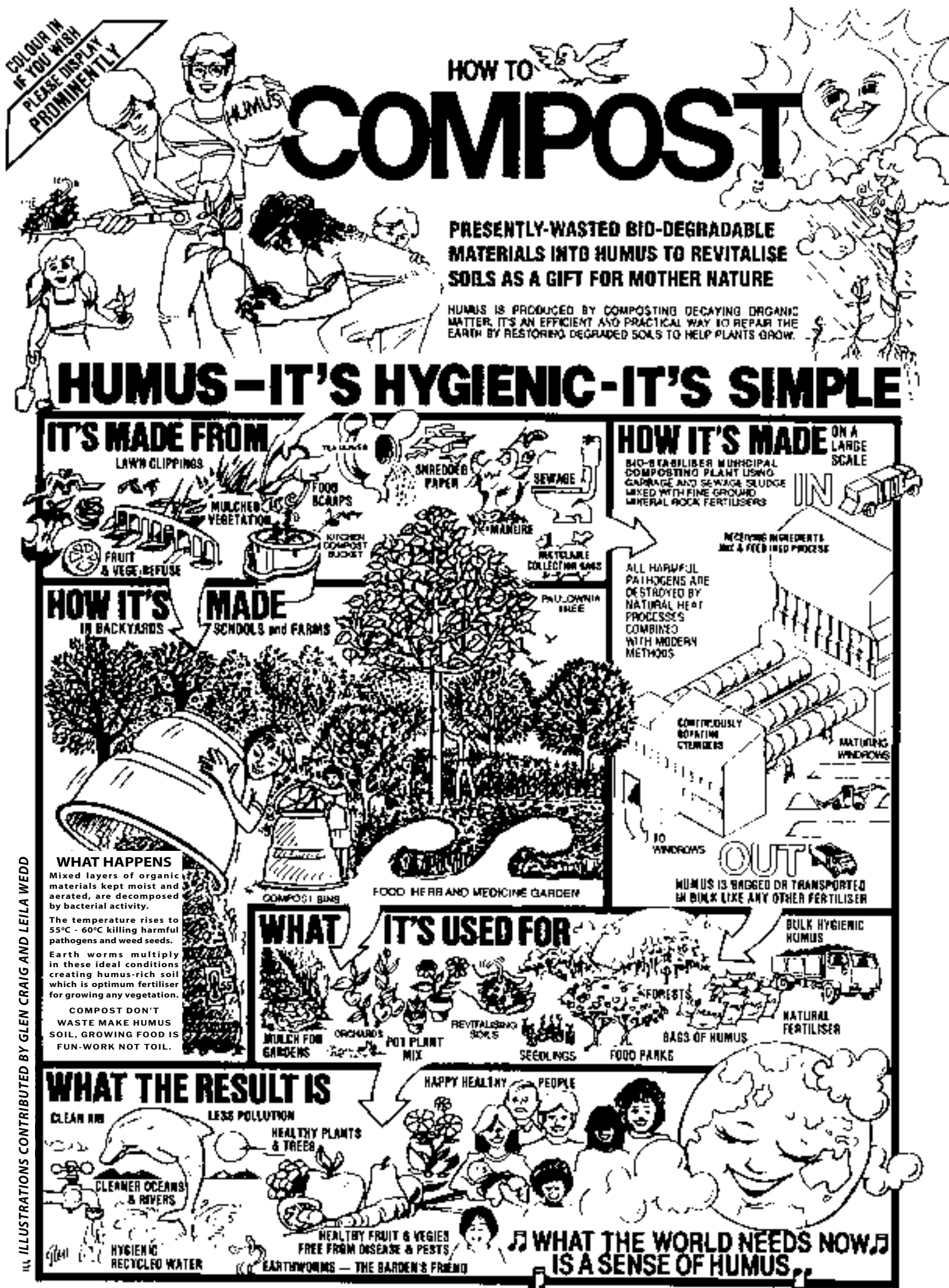




"What The World Needs Now is A SENSE OF HUMUS"

Composting to help grow increasing quantities of fruit and nut trees with herbs and vegetables companion-planted under and around them, and irrigating with minimum maintenance and maximum yield systems, is becoming the world's most productive employment activity to help end hunger by providing healthy living foods for everyone.

Photocopy enlarge this Sense Of Humus - How To Compost poster so that it is easier to read.



Earth Repair

Peace Rap

Earth Repair is in
the air,
Feel it, Think it,
Live it, Yeah,
Beat the Drum,
Boom, Boom,
Boom, Boom,
Beat the Drum for
Earth Repair

Boom Boom -
Boom Boom Boom

Grow Herbs and
Vegies,
Nuts and Fruits,
Use Homemade
Compost
on the Roots,
Plant Food Forests,
Clean the Air,
Save Old Forests
Everywhere

Boom Boom -
Boom Boom Boom

Peoples of the
World Unite,
Feed the Hungry,
Make it Right,
Lay down weapons,
Live in Peace,
Watch the Global
conflicts Cease

Boom Boom -
Boom Boom Boom

A Peaceful World
is What We Need,
We can all Help
Sow the Seeds,
Get the Feeling,
Join the Movement,
Earth Repair for
World Improvement

Boom Boom -
Boom Boom Boom

© 2022, Earth Repair Foundation (ERF)
with Sandy Holmes from the
Glow Worms

For a PDF version of this composting information visit: earthrepair.net



EARTH REPAIR FOUNDATION

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The Earth Repair Foundation ~ ERF, is networking for world-wide acceptance and implementation of the Earth Repair Charter Global Solution Strategy to help make 2021-2030 a Decade of Peace.

Subject: What the World Needs Now is a Sense Of Humus

Dear Sadhguru and the Save Our Soils, SOS Team,

We are 100% supportive of the Save Soils initiative and want to help in any and every way we can. We believe that making and saving soils is of utmost importance to all present and future generations.

Hearing you Sadhguru, speaking so clearly and openly about soils has giving renewed hope and increased optimism, that proposed feasible and achievable solutions to the problems with Earth's soils, will soon be more fully implemented.

In our opinion, urban home composting to help make soil is an essential cornerstone of the global Earth Repair movement as outlined in the Earth Repair Charter Global Solution Strategy. The Charter is our group's manifesto and you will notice references to composting in the Charter. See: <https://earthrepair.net/wp-content/uploads/2022/03/ERCEndorse-30032022.pdf>

Several of the self-complete pages in the following link, define our focus on composting to restore soils for repairing Earth. In the link there's an important two-page proposal to create a multi-language, world's best practise, sustainability learning poster that we are seeking funding to help make it happen. <https://earthrepair.net/wp-content/uploads/2022/04/SenseOfHumus-Composting-18042022.pdf>

In essence, our concept is to motivate an increase in the mass production of highly-effective and efficient, hygienic, aerobic, no-dig composting bins made from 100% recycled plastics. These bins are for use in most home-yards throughout the suburbs of towns and cities around the world. They can be manufactured in unlimited quantities as they are produced from the increasing resource of used plastics.

Properly and easily managed and maintained, earth repair compost bins enable earth worms to self-perpetuate and grow in increasing numbers, while at the same time creating increasing volumes of valuable humus-rich soil.

In each growing area, we encourage people to use the humus soil to feed permaculture designed garden food-forests in home yards and all other appropriate places. Permaculture design advocates minimum-maintenance-maximum-yield principles, and optimum ways to co-operate with the Sun, the earth, the wind and the rain to create lives of sustainable abundance.

As increasing numbers of people practise composting in rural and urban areas everywhere, this will progressively provide increasing quantities of organically grown fruits, herbs, vegetables and medicinal plants. It will also enable a significant increase in honourable and ethical employment, create suburban eco-villages, and progressively have a significant impact on helping mitigate global heating and climate damage.

A demonstration of this practise can be found in the Earth Repair Foundation's small front yard garden in Katoomba Blue Mountains Australia, demonstrating urban permaculture. There are 22 thriving fruit and nut trees growing on the block with abundant under storeys of herbs, vegetables and medicinal plants. <https://earthrepair.net/erfs-food-forest-garden>

The link in this sentence has a short (less than 2 minutes) song by Evie Pikler titled, 'What the World Needs Now is a Sense of Humus'. Hope you love it! We welcome you to consider using this or any of our work in the Save Soils movement. <https://youtu.be/V7VVRPdF7o0> We are moving towards making a more detailed HOW TO COMPOST video. As this develops, we'll keep you informed. When complete, it would be wonderful for it to receive your blessings Sadhguru.

May abundant success be with you, and us all, in this great quest to help rescue and enhance the future. We hope to communicate and connect further with you about how we may co-operate to help accelerate this important movement.

As founder of ERF, I am presenting this offering with sincerity and love on behalf of Team ERF at the Earth Repair Foundation. TEAM = Together Everyone Achieves More.

With sincerity,

Franklin MC Scarf



[Franklin MC Scarf JP, Founder](#)
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Revision: 3rd July, 2022

~ Natural Capital that will help restore Earth's soils and eco-systems, and benefit everyone ~

Instead of humanity continuing to aim to achieve increasing and unlimited economic growth as a high priority, starting in this year 2023, the time has come for all people to communicate and co-operate to increase exponential growth of Natural Capital.

What is Natural Capital?

It is Natural Capital that will benefit all people, individually and collectively, including all present and future generations, and restore Earth's eco-systems simultaneously.

Growing Natural Capital will enable the occupants of every home block throughout the world, to engage in the practice of Sense of Humus composting and permaculture design by helping grow home garden food-forests while receiving free assistance from the Sun, the earth, the wind and the rain.

People in every home can participate by converting front and back yards into abundant garden food-forests. This practise would also include apartment and flat dwellers who could use sunny balconys, verges and/or nearby community gardens. Always compost - there are ways!

Escalating numbers of people are adopting the practice of maintaining home or community food and medicine gardens. It is now inevitable that integrated eco-villages will emerge as a prominent theme in suburban areas of towns and cities throughout the world.

There are numerous examples of this urban community practice already occurring in places like Cuba, Switzerland and Russia. Many other examples can be discovered by searching YouTube or Google for something like "community suburban food gardens and eco-villages in the world".

Within a decade, as more people and communities increasingly practice this, it will help mitigate global warming, provide meaningful survival knowledge to a generation, reverse under employment by giving ethical, honourable and creative employment to increasing numbers, and provide fresh, healthy, organically grown living foods for everyone.

At the world's first Global Earth Repair Conference that was held in early May 2019 in Washington State USA, it was determined that around 10% of humanity is all that would be needed to get this earth repair survival strategy implemented globally.

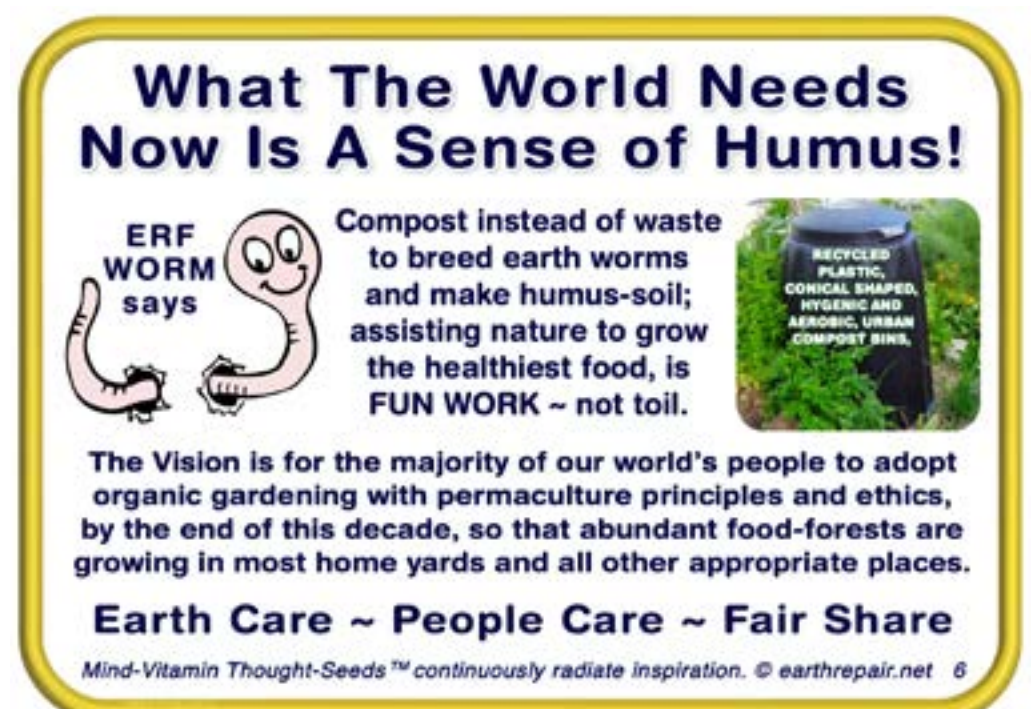
The benefits that will flow from doing this as a co-operative global initiative, over a decade, will have a profound impact on all present and future generations and the environment on Earth.

A Natural Capital learning poster is being created and will be available ASAP. This multi-language pictorial production will enable a whole generation to learn about the world's best practices in the skills of sustainable living for an abundant planet. See next page for description of the poster outline.

Only one generation needs to change to improve the world for everyone.

The goal from now is: for the majority of home yards in the world to establish organic Permaculture food and medicine gardens by the year 2050. These gardens will be nourished by the home production of increasing volumes of humus-rich soil by home composting and beneficial earth-healing worms.

By composting in hygienic, aerobic, no-dig, conical shaped, compost bins, made from 100% recycled plastics, most people can participate in recycling all the currently wasted and continuously available bio-degradable materials that are generated on every home block, so humanity can collectively co-operate to help start replenishing Earth's seriously depleted topsoils, within this decade.



HELP RESCUE AND ENHANCE THE FUTURE FOR A SUSTAINABLE 'NEW EARTH' FOR ALL.

THIS IS AN INVITATION FOR EVERYONE TO PARTICIPATE IN CO-CREATING A WORLD'S BEST PRACTICE, MULTI-LANGUAGE SUSTAINABILITY LEARNING POSTER FOR EVERY SCHOOL.

The Earth Repair Foundation is aspiring to help create this poster for every classroom wall and language. Its purpose is to provide information about the art of living skillfully in the 21st Century. It is to motivate everyone to participate in earth repair actions to help grow food and medicine gardens and appropriate trees towards mitigating global warming and enabling climate stability.

"It is not only important to keep the forests we still have, but that companion planting and helping grow increasing quantities of appropriate trees, is the scientific solution to Earth's environmental dilemma".

Dr Richard St Barbe Baker, Founder, Men of the Trees and Children of the Green Earth

- **The problems of the world can be solved in a garden.** Geoff Lawton, Permaculture Teacher/Designer
- **What permaculturists are doing is the most important activity that any group is doing on the planet.** Dr David Suzuki
- **If some food is given away, it nurtures others for a day. If many learn to grow their own, 'end world hunger seeds' are sown."**

VISION: Within a decade, to have permaculture designed garden food forests growing in all appropriate places in urban and rural environments, progressively building community resilience to climate change, inspiring wide-spread implementation of the practice of permaculture, always eating nutritionally dense foods, helping heal the environment, and ending under-employment and hunger.

OBJECTIVE: This poster will show how sustainable food and tree growing practices can be used to enhance life on Earth, via a large pictorial story-board printed poster, specifically designed to provide knowledge on how to compost and make soil, and inter-grow food, medicine and trees. To make the poster an international award-winning work of art, designed so it can be easily translated into many languages, and displayed on every classroom wall in every country.

It will also inspire digital stories for the internet and public media, showing examples of community participation in successful growing projects to accelerate the permaculture* paradigm shift for all-age people to live more sustainably. Each subject in the poster will have a link for related videos.

* Permaculture is an Australian design science for permanent, sustainable, organic agriculture which includes logical water management and the companion planting of mixed-species fruit and nut trees with under-storeys of vegetables, herbs and medicinal plants, using minimum-maintenance and maximum-yield principles. Permaculture ethics are Earth Care, People Care, Fair Share.

PARTICIPANTS: Initial development of the poster has started with collaboration between the Earth Repair Foundation and members of the Global Permaculture Network. Other individuals and groups are invited to join in and help, such as, educators, artists, technical and IT specialists, video producers, relevant government departments, and NGOs.

THE POSTER: Is to be printed in full colour on size A1 durable semi-gloss, possibly recycled card. At printing it will be score-folded into 8 x A4 panels for placing in a special envelope for mailing to anywhere in the world.

POSTER CONTENTS: Each A4 panel will comprise a theme with related subjects contained within it. All subjects will have images with succinct and concise descriptions that are easily translatable. Each line will be simply and concisely written for easy understanding in all languages. The poster, well-placed, will tirelessly radiate an inspirational and educational influence, 24 hours a day, 365 days a year.

A team of professional co-operators will choose the details within each panel. Carefully conceived and produced images and words, especially designed to inspire, educate and motivate in a gentle but effective fun-filled way. It will present a distillation of the world's best practices for sustainability in a clear visual, story-board style form. The poster with an accompanying multi-media educational package will have a powerful, positive impact on the next seven generations and beyond.

continued on page 2 ...

This is an inexpensive production that could significantly assist our human community to live more sustainably. Only one generation needs to be positively influenced to think and act more wisely to help improve the world for everyone.

MARKETING, DISTRIBUTION AND SPONSORSHIP: Sponsors are invited to participate and help fund the production. We appeal to government, corporate and/or private sponsors and philanthropists. With adequate funding, the estimated production time would be between four to six months.

FOOD AND TREE GROWING RACE: People of every nation can learn about and adopt the practice of permaculture as one of the world's most necessary, ethical and honourable employment activities.

Some of the subjects that are being considered for inclusion in the eight panels of the poster are:

- Humanity's position in the universe. Here we will cover outer and inner space and awareness of infinity and eternity. How to attain and maintain an attitude of healthy optimistic thinking and peaceful equanimity. A theme being considered for this section is: Think Globally, Act Locally, Respond Personally. **A relevant quote to consider: "The universe is my home and the human family is my tribe. The whole Earth is my birthplace and all humans are my brothers and sisters". Kahlil Gibran**
- Ecologically sustainable housing. Descriptions of eco-homes and integrated eco-villages. Illustrate retrofitting and houses made with appropriate technologies, using rainwater tanks, solar and wind power, grey water recycling and organic permaculture food gardens in and around each habitat;
- Sense of Humus composting. Establishing efficient food and medicine gardens as productive permaculture learning and growing centres in schools, backyards, parks, gaols, and rehabilitation facilities. **'Compost, instead of waste, and make humus soil, Helping nature grow the healthiest food, is FUN-WORK, not toil';**
- Capturing a time-line effect showing children planting seedling trees, and staging it over ten years comparing sizes, and then project to 40 years. Explain clearly how helping trees grow benefits the Earth and all its inhabitants;
- Highlight the importance of protecting the world's remaining natural heritage and biodiversity contained in native forests, lakes, rivers and oceans. Give practical advice and encouragement on planting and helping grow mixed species and companion grouped trees and food plants to store water in accumulating biomass, help stabilise the climate and with enough people practicing this will counteract global warming;
- Detail tips on growing and eating nutrient dense, raw living and sprouting foods to help acquire immunity efficiency, reverse disease and attain and maintain vital good health;
- Renewable energy and conservation systems; show the latest appropriate technologies and how they can be optimally applied to help humanity on the path to manifesting sustainable abundance for all;
- Further subjects that may be considered for inclusion could be found in the Earth Repair Charter, the VISION 2030 global solution strategy and the Imagine Back From The Future movie outline. These separate two-page documents can be found elsewhere in this file or at earthrepair.net

If you would like to help this proposal to actualise, please share these two pages to inform others, and/or write a personal letter recommending the concept to your local politicians and Members of State and Federal Parliaments.

Expressions of interest and offers of assistance to advance this opportunity are invited and welcomed.

If there are any aspects of this production that you'd like to enquire about or contribute to, please contact Team ERF at the Earth Repair Foundation (ERF), PO Box 503, Katoomba, Blue Mountains, NSW, 2780, AUST Phone: 02 4782 2625, 0408 267 195, info@earthrepair.net www.earthrepair.net

A GLOBAL MOVEMENT TO TRANSFORM SEWAGE INTO TREES



"Planting and helping grow increasing quantities of appropriate trees, is the scientific solution to Earth's environmental dilemma".

Dr Richard St Barbe Baker, Q.B.E, LL.D, Internationally renowned founder of 'Men of the Trees'

There is an urgent need to stop the waste of materials that have potential to be transformed into valuable resources for community advancement and world improvement.

Ocean and river sewage outfalls represent a major threat to natural aquatic ecosystems and create a potential human health hazard. Through the regional treatment of sewage effluent using the world's best practice methods, and recycling this to irrigate and fertilise sustainable timber plantations, would help create: employment; increase biomass; absorb CO₂; reduce pollution; help mitigate climate change; begin to reverse global warming; and produce tangible common wealth for present and future generations.

Therefore we respectfully ask every government to legislate for:

- * putting an end to the unnecessary practice of wasting primary treated sewage effluent, and instead, use this resource in sensible, ecologically resourceful and productive ways;
- * using the World's Best Practice in ecologically sustainable development, planting and helping grow increasing quantities of appropriate trees in all appropriate places;
- * fertilising and irrigating sustainable timber plantations wherever possible with treated effluent, in a similar way to the successful Chinese forestry model of inter-cropping fast growing trees;
- * implementing strategies to transport treated sewage to suitable arid tree growing areas, either by back-loading via empty coal trucks, tunnelling and/or installing pipes along railway lines and pumping by using solar and other renewable energy sources;
- * progressively transferring technological expertise, funding and resources from national military service sectors to help implement these sustainable objectives, and to motivate the international community to follow the example.

Please participate in this global thought-seeding campaign by petitioning and networking your local, state and national political leaders.

We ask you to print this page and write a friendly, positive supportive letter on the reverse side to give or send to your local politicians.

If you are able to help by starting an online Petition to network this proposal globally, that would be awesome. Thank you

PERMACULTURE DESIGN CERTIFICATES

~ 72 HOUR CURRICULUM ~

~ LEARNED OVER WEEKS,
MONTHS AND/OR YEARS ~

This Thought-Seeding statement is prompting people of every nation to lobby all levels of their local, state and national governments, to enable the 72 hour curriculum of Permaculture learning to be integrated into all youth, refugee and asylum seeking detention centres. Also in correctional services facilities, refugee camps and Tent Cities for the Homeless.

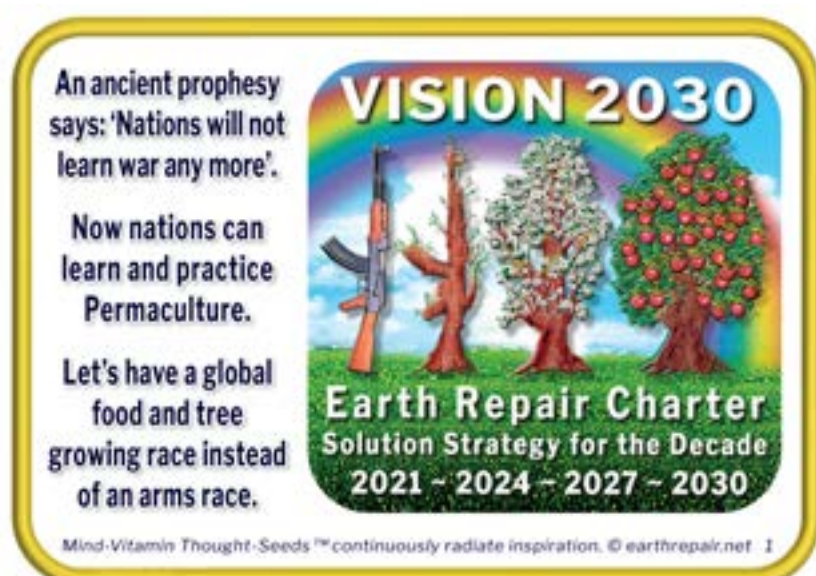
Further, the 72 hours of Permaculture learning, now more than ever, needs to be included in all schools, colleges and universities and all other institutes of education. This vital information can be learned over weeks, months and/or years. Anyone can begin learning from now, by browsing through the thousands of pages of picture stories and videos, by searching for Permaculture stories on Google!

Efficient food and medicine gardens can be established as productive learning and growing centres in home and school yards, community gardens, detention centres and jails. Within a decade, increasing numbers of abundant food-forests and eco-villages will be growing in every country.

This will enable everyone to participate in earth repair actions for a sustainable and abundant future for everybody.

Permaculture shows how to co-operate with all of Earth's elements, species, climates and peoples, enabling everyone to live lives filled with absolute sustainable abundance in harmony with the Sun, the earth/soil, the wind and the rain.

Please share this post with friends and family, community organisations, government ministers and social and mainstream media. Thank you.





McNaturals

International Proprietary Limited

PO Box 503 Katoomba NSW 2780 Australia - Worldwide TradeMark Pending - TM

The proposal in the following letter was sent to the CEOs of McDonalds in Australia and the United States on Friday the 31st January 2014. On the 24th of February a response was received from the McDonalds Customer Service section in Australia thanking us for the letter and explaining that it is McDonald's policy not to accept new ideas from outside the Global Corporation. Their letter further stated that they hoped we understood their decision and it is certainly no reflection on any product that we may have to offer. They wished us well with our business.

Because of McDonalds response, we are now opening the offer to any others who may be interested to invest in the McNaturals name and products which are designed to help people acquire good health and immunity efficiency.

McNatural's International proposal to McDonald's Corporation

The purpose of this letter is to offer McDonalds an opportunity that we believe will bring real benefits to your supportive customers and your international company.

McNaturals accentuates the importance of primarily eating anti-oxidant and enzyme empowered raw living foods to help acquire good health, immunity efficiency, reduce obesity, and achieve a greater longevity in life.

Under the auspices of the Earth Repair Foundation, our group has invested in researching and developing the McNaturals concept for over 30 years. We believe that an alliance between McDonalds and McNaturals could bring very worthwhile benefits for the health of the community, with special appeal to vegetarians and vegans. McNaturals is motivating the 'prevention is better than cure' approach to be adopted so individuals will take more responsibility for their own well-being, health enhancement and life extension.

We have prepared genuinely nutritious, plant based recipes as menu options for McDonalds to consider to help your customers accelerate the reproduction of body cells, purification of blood, and enable physical and mental rejuvenation boosts. These recipes have been described as unprecedented and are bound to become increasingly popular. A delicious McNaturals raw-living, enzyme, anti-oxidant and nutrient-rich food product that has been created, has its dynamic vitality suspended in a generous size ice block. A powerful health supplement!

One example of a McNaturals initiative is that it has co-ordinated the production of a petition for Nutritional Education in Schools to the Australian Parliament. The petition is endorsed by the United Nations Association of Australia (UNAA) (NSW) Inc, the Natural Health Society of Australia, the Earth Repair Foundation, and the United Peoples Association (Australia). See petition attached.

We have been considering opening a McNaturals healthy living foods outlet in Katoomba Australia and franchising the name thereafter. Alternatively we are considering to offer, under the protection of a confidentiality agreement, our name and unique recipes to businesses in the fast food industry by expressions of interest. We have decided however to offer it to McDonalds exclusively in the first instance.

The ongoing adverse publicity and movies that have occurred about the meat based fast food industry such as 'Super Size Me', 'Fast Food Nation', 'Food Inc' and 'Meat The Truth', cannot be ignored. (See YouTube).

We salute McDonalds as the world leader in pioneering fast-foods and believe that if McDonalds included the McNaturals name and menu items into its stores (perhaps similar to McCafe) it would be a natural expansion of your brand with strong appeal to the current global interest in healthy eating.

We would welcome an opportunity of discussing a basis for an association. Our unique organic recipes and the transfer of Intellectual Property and naming rights of McNaturals would be available to McDonalds on an agreed upon basis. We envisage part of the consideration would be allocated to Ronald McDonald House and Foodbanking.

Please send us a response before Friday 21st February 2014 as after that time if McDonalds are not interested, we would seek to find interest from others.

Yours faithfully,

Franklin MC Scarf, JP, Director
McNaturals International
franklin@earthrepair.net
Phone: 0408 267 195

McNaturals International™ an initiative of the Earth Repair Foundation, invites everyone to practice the wisdom of Hippocrates who taught, “Let your food be your medicine and your medicine be your food”.

ACQUIRE HEALTH and IMMUNITY EFFICIENCY

Immunity is the ability of the body to efficiently resist disease and to help maintain high-level health and wellbeing.

Lifestyle diseases are preventable and reversible if we live and act wisely.

To be optimally healthy, nourish your body, mind and spirit well and they will self-heal and thrive.

We are greatly affected by what we think and what we put into our bodies.

Consume wholesome foods naturally grown in humus-rich soil with only natural fertilisers. These foods have much higher nutritional value and taste better.

Enjoy slowly eating and drinking, raw, fresh living foods to directly acquire immunity efficiency. Choose from a variety of health-giving, enzyme-packed, vitamin and mineral-rich, fruits, vegetables and herbs. Also seeds, nuts and grains especially when brought to life by sprouting.

Living foods are cell regenerating natural nutrients. Raw vegetables and fruits, chewed well, blended, grated, diced or juiced, give a delicious vitality boost and help one attain and maintain high-level wellness.

For ultimate health, supplement your diet with concentrated wholefood nutrients and plant based minerals and antioxidants.

For full evacuation of accumulated food residues, either squat, or elevate feet with a footrest to give a squat effect while on the toilet. It's very effective!

Daily, energise yourself with yoga, tai chi deep breathing, stretching, walking, bicycling and/or other suitable physical exercises and outdoor activities. Practice relaxation, meditation and prayer.

Affirm good and improving physical, mental and spiritual health with every breath you breathe. Use the Mind-Vitamin self-empowerment life script for repetition listening whilst awake or asleep until memorised, to achieve powerful positive results.

Avoid health-reducing products such as tobacco, alcohol or toxic, processed junk foods and drugs.

Acknowledge the good qualities in yourself and others. Express an optimistic attitude of gratitude for self-healing. Enjoy to the fullest extent all aspects of your life.

Happy optimistic people are healthier and enjoy life more. Explore the experience of a predominantly low-fat diet to bring optimum benefit to your life.

Be healthy... Be happy!

In the interests of community health enhancement and life extension, McNaturals International™ hereby proposes that McDonalds and other similar fast food chains include in their menus, genuinely nutritious, plant based foods to help people acquire immunity efficiency for their vitality and happiness in life. These McNaturals foods should also be readily available for hospitals and schools.

This powerful one-page PosterScroll is for displaying where it can be easily seen, to educate, inspire and motivate. It is presented with compliments from McNaturals International™ as a contribution towards community health education.

PETITION FOR NUTRITIONAL EDUCATION IN SCHOOLS

This petition from the undersigned respectfully points out that:
The view that '**OUR CHILDREN ARE THE FUTURE**' is commonly accepted as true, yet **the majority of children are prompted to eat and are often living under the influence of devitalised, processed and health endangering fast food diets?**

Now more than ever the time is right for us all to observe the wisdom of Hippocrates who taught **"LET YOUR FOOD BE YOUR MEDICINE AND YOUR MEDICINE BE YOUR FOOD".**

We, the petitioners, therefore request that the House of Representatives legislates to:

- **Ensure** that education for 'health through nutrition' becomes a fundamental part of children's learning and that school canteens offer nutrient-dense foods on the menus;
- **Give** all Australian children accurate information about the importance of living enzymes and anti-oxidants that are in raw plant foods, and their direct effect on health;
- **Emphasise** 'prevention is better than cure' urging individuals to take more responsibility for their own health enhancement and life extension;
- **Provide** learning programs to minimise costly degenerative diseases with funds previously spent on treating these conditions going towards natural health education and practices;
- **Inform** children about the facts associated with obtaining all the essential vitamins and minerals needed for good health and longevity from a plant based living foods diet.

And we the petitioners thank you in anticipation of your full support with this initiative.

PRINT NAME	SIGNATURE	PRINT NAME	SIGNATURE
1		16	
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Your signature on this petition indicates your acceptance of the above objectives which direct our government to implement the solution strategies proposed. Please help this educational petition achieve its maximum potential. **When enough people lead our leaders will follow.**



Production of this petition has been co-ordinated by McNatural International™ in alliance with the Earth Repair Foundation (ERF), the United Peoples Association (Australia), and the Natural Health Society of Australia.

Please sign and gather signatures and promptly send completed signed pages to your local Federal Member's office or to your Member C/O Parliament House, Canberra ACT 2600, and send copies to ERF, PO Box 503, Katoomba, NSW 2780 E-mail: info@earthrepair.net



If more blank petitions are required, simply photocopy this sheet and network it. Thank you.

Last revised:
14th May, 2022



RECOGNISE FIRST NATIONS SOVEREIGNTY TREATIES

This proposal is for the First Nations Peoples of Australia that comprise more than 300 sovereign nations, and whose history dates back over 50,000 years. It is also for the attention of all who have migrated to Australia from every nation on Earth.

In the pursuit of peaceful coexistence and unity between all peoples in Australia and throughout the world, We the People sharing this state that:

- First Nations Peoples of Australia have never ceded possession of this land and are sovereign people who recognise the Sovereignty of all First Nations Peoples across the Earth, all born free and equal in dignity and human rights;
- Old Parliament House in Canberra be used to unite all the Indigenous First Nations peoples of Australia, and the World, and combined with all other sovereign nations and peoples, create a New Earth organisation called ANU, ALL NATIONS UNITED;
- all high-conservation value native forests and lands which support flora and fauna unique to these bio-diverse ancient treasures, be permanently protected;
- more investments be made into repairing the environment, conserving biodiversity, improving river systems, and planting and helping grow increasing numbers of native trees to replace all those that have been destroyed;
- to ensure food security for all through educating in bush-tucker and sustainable organic gardening and composting practices to breed Earth worms and make humus-soil to establish abundant food-forests in all appropriate places;
- we ask that Australia lead by example and transition ASAP from mining and burning fossil fuels to using safe renewable energy systems;
- accurate First Nations history and culture studies to be included in the curriculum of all Australian schools;
- we recommend that Australia's First Nations People assume collective co-custodianship of all remaining natural environments and protected World Heritage areas for the security of treasured flora and fauna and to enable employment for indigenous people in international tourism;
- all remote Indigenous communities in Australia to remain open and support be given to improve their living conditions;
- we require reform to the unfair justice system that causes Indigenous children to be taken from their families, deaths in custody, suicides and disproportionately high representation of indigenous peoples in the prison system;
- all treaties are to provide an equitable share of profits taken from exploiting traditional and sacred lands to fund establishment of infrastructure for sustainable housing, renewable energy systems, schools, health care, better roads and services, hospitals, and distant learning education for all First Nation peoples;
- we demand long-term solutions to solve the nation's Indigenous health and homelessness crisis;
- a Council of elected representatives from the First Nations Peoples to be established to govern the Original Peoples Affairs in Australia and be an Original Peoples advisory body to the government.

All First Nation Peoples have the right to equal sovereignty, the same as all United Nations Member States so that all Nations and Peoples can live in peace and good order. We request that all the World's Indigenous Peoples be recognised as equal members in the United Nations.

This RECOGNISE FIRST NATIONS SOVEREIGNTY TREATY invites comments from all those interested to help this initiative become what it is capable of becoming. Print this as a poster and display where easily seen to help accelerate the journey towards First Nations Sovereignty Recognition in a way that everyone will feel elated about.

For further insights into the motivations behind this initiative, read the Burnum Burnum Declaration of 1988 and/or Google search for and read the United Nations Declaration on the Rights of Indigenous Peoples.

ALWAYS WAS, IS, and ALWAYS WILL BE ~ ABORIGINAL LAND



The Burnum Burnum Declaration

England, 26th January, 1988

I, Burnum Burnum, being a nobleman of ancient Australia, do hereby take possession of England on behalf of the Aboriginal People.

In claiming this colonial outpost, we wish no harm to you natives, but assure you that we are here to bring you good manners, refinement and an opportunity to make a Koompartoo - 'a fresh start'.

Henceforth, an Aboriginal face shall appear on your coins and stamps to signify our sovereignty over this domain.

For the more advanced, we bring the complex language of the Pitjantjajara; we will teach you how to have a spiritual relationship with the Earth and show you how to get bush tucker.

We do not intend to souvenir, pickle and preserve the heads of 2000 of your people, nor to publicly display the skeletal remains of your Royal Highness, as was done to our Queen Truganinni for 80 years. Neither do we intend to poison your water holes, lace your flour with strychnine or introduce you to highly toxic drugs.

Based on our 50,000 year heritage, we acknowledge the need to preserve the Caucasian race as of interest to antiquity, although we may be inclined to conduct experiments by measuring the size of your skulls for levels of intelligence. We pledge not to sterilize your women, nor to separate your children from their families.

We give an absolute undertaking that you shall not be placed onto the mentality of government handouts for the next five generations but you will enjoy the full benefits of Aboriginal equality.

At the end of two hundred years, we will make a Treaty to validate occupation by peaceful means and not by conquest.

Finally, we solemnly promise not to make a quarry of England and export your valuable minerals back to the old country Australia, and we vow never to destroy three-quarters of your trees, but to encourage Earth Repair Action to unite people, communities, religions and nations in a common, productive, peaceful purpose.

Burnum Burnum.



We, the people sharing this, ask that Old Parliament House in Canberra be used to Unite all the Indigenous First Nations Peoples of Australia and the World, and united with all other Sovereign Nations create a New Earth organisation called ANU ~ All Nations United, and establish a global community driven, organic food and tree growing race to urgently help stabilise Earth's climate and enable food security for all present and future generations.

"It is not only important to keep the forests we still have, but that companion planting & helping grow increasing quantities of appropriate trees, is the scientific solution to Earth's environmental dilemma".

Dr Richard St Barbe Baker, Founder, Men of the Trees & Children of the Green Earth

PLEASE SHARE THIS WIDELY ASAP TO HELP MAKE FUTURE HISTORY WONDERFUL FOR EVERYONE.

We, the people sharing this, urge every politician on Earth to lobby for All Nations to Unite and establish a Global organic Food and Tree Growing Race to help stabilise Earth's climate as a matter of urgent priority.

We aspire for the 21st Century to be loving, united, peaceful and prosperous, bringing maximum benefits to the greatest numbers to last for the longest period among all present and future generations.

“Peoples and nations are prompted to sing this rhyme, and practise composting and permaculture to help grow herbs and veggies, nuts and fruits, using home-made compost on the roots!

Plant food-forests, clean the air, save old forests everywhere!

Peoples of the world unite, feed the hungry, make it right.

Lay down weapons, live in peace, let the global conflicts cease.

**A peace-filled world is what we need, we can all help
Sow the Seeds. Get the Feeling, Join the Movement,
Earth Repair for World Improvement”.**



WITH VISION - HUMANITY WILL THRIVE!

Visit earthrepair.net to read the potentially historic Earth Repair Charter Global Solution Strategy.

**PLEASE SHARE THIS THOUGHT-SEED ASAP
AND THANKS IN ADVANCE FOR DOING THAT!**

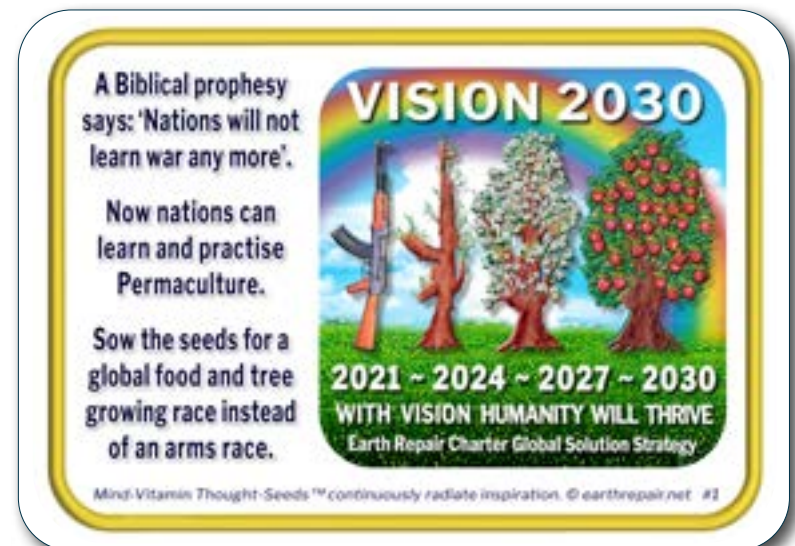
Mind-Vitamin Thought-Seeds

Brighten dull spots and empower lives with continuously radiating inspiration.
These 999.9 Fine Golden stickers are all-season gifts that keep on giving.
Their purpose to help make the whole world wonderful for everyone.



**WITH VISION
HUMANITY
WILL THRIVE!**

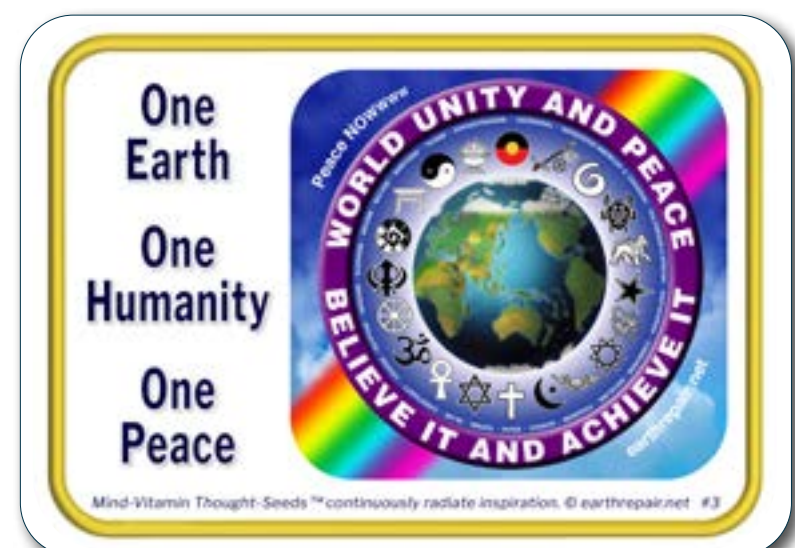
**Mind-Vitamins
Brighten Dull Spots
by Continuously
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Inspiration.**



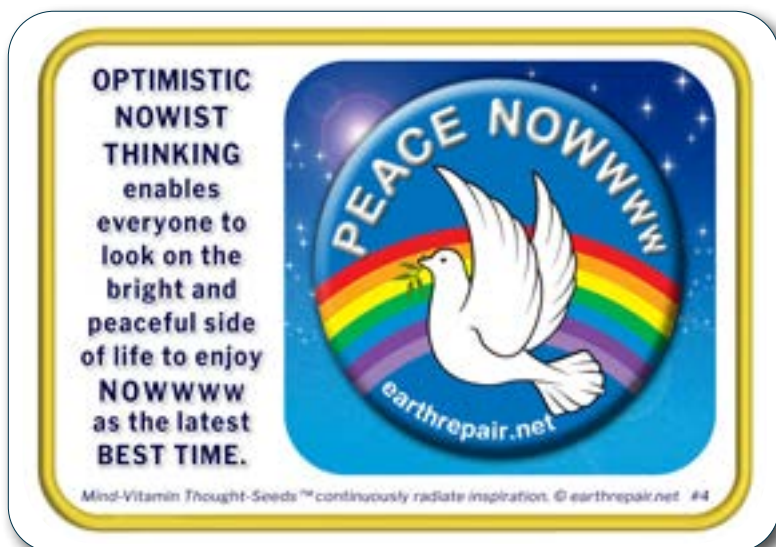
Mind-Vitamin stickers enable vehicles to become mobile Thought-Seeders



**Mind-Vitamin
Thought-Seeds
are laser-printed
on to durable vinyl
and are available
from the
EarthRepair
Red Bubble
Shop.**



Mind-Vitamin vinyl stickers Sow Thought-Seeds of Peace



**You can help
grow this Now
Age Global
Solution Strategy**

**Display these radiant
Thought-Seeds where
they will be easily
and regularly seen.**



**Click to order all or
any one of these
Mind-Vitamin Stickers.
You choose the size
Sticker and the price.**

**Your purchase helps
earthrepair.net
and is highly
appreciated.**



Produced by the **Earth Repair Foundation (ERF)**. A voluntary, not-for-profit group aspiring to raise awareness and funds to promote implementing the **Earth Repair Charter** and **Vision 2030 Now Age Global Solution Strategy**. This initiative is to help enable a transition to a safer, saner, healthier, happier, sustainable and peaceful future for all.

Last revised: 1st May, 2022



Earth Repair Foundation (ERF)
PO Box 503, Katoomba, 2780, NSW, AUST.
info@earthrepair.net ABN # 21 003 198 981
The acronym **ERF** also stands for **Earth Repair First, Earth Repair Family, Earth Repair Friends and Earth Repair for a Fabulous Future.**
ERF Worm is the Foundation's Official Mascot!

HELP RESCUE THE FORESTS WITH THIS FOREST PROTECTION STRATEGY

THIS WAS ASPIRING TO BE AUSTRALIA'S BIGGEST EVER PUBLIC PETITION

News Release

The Earth Repair Foundation (ERF), an innovative environmental and community education organisation based in the Blue Mountains, is aiming to achieve Australia's most signed petition. This petition calls for the permanent protection of all native forests and an ecologically sustainable future. The petition is already supported by more than 160 diverse community groups, union, business, environmental, indigenous, ethnic, religious and political organisations representing millions of Australians (see list of endorsees overleaf). The petition is seeking to collect **over a million signatures**.

The Forest Protection Petition outlines viable and achievable solutions aiming to protect in perpetuity, Australia's irreplaceable high-conservation value native forests including old-growth and rainforests. It also recommends practical plantation strategies which can sustain the important pulp, paper and timber industries in Australia. The petition began in the early 90's when a group of dedicated forest defenders began a **Fast for the Forests** on Macquarie Street, Sydney in front of NSW Parliament House. Two individuals fasted for over 30 days as a personal protest and the action ran for 60 days. Since that time the petition has gained an unprecedented support base and aims to be the most influential petition in Australia's history. It advocates a long-term approach to ecologically-sustainable forestry practices, by assisting rural communities with much-needed employment in developing plantation timbers and annual fibre crops and effectively **'reaping only what we sow'**.

It is a well-known fact that Australia's native forests are being sacrificed to export woodchips to Japan and other countries, while those countries preserve their own native forests as national treasures.

The petition requests that The Parliament legislates to progressively transfer expertise and resources from all military sectors to help implement tree planting and food growing solutions, and to motivate the international community to follow this example.

Australia, as a signatory to the United Nations Biodiversity Convention, is committed to protect the fauna and flora unique to our native forests. **Any government's acceptance of the further destruction of our beautiful Australian native forests for short-term economic gain, is ecologically and economically indefensible; it is stealing an ancient heritage from future generations.**

Australia's forests and wilderness have always been an integral part of Aboriginal life and are still interrelated with the culture of Australia's traditional owners. **"It is not only an issue of ecology, but one of human rights and cultural survival"**. (NSW ABORIGINAL LAND COUNCIL).

You can help by signing and networking this petition and presenting it periodically to the Federal House of Representatives. It can be adapted and addressed to the Legislative Councils and Legislative Assemblies of New South Wales, Victoria, Queensland, Tasmania and Western Australian Parliaments. Make it known to the community via the media and share your campaign history, feats and challenges associated with the protection of native forests.

The legendry Dr Richard St Barbe Baker, Founder, Children of the Green Earth quoted: "It is not only very important to keep the forests we have, but that companion planting and helping grow increasing quantities of appropriate trees, is the scientific solution to Earth's environment dilemma".

This is an opportunity for Australian Governments to demonstrate responsible and exemplary environmental leadership by adopting the World's Best Practices for Australia's forests.



For further information, contact the **Earth Repair Foundation**,
PO Box 503, Katoomba, NSW, 2780. Phone: 0408 267 195,
Email: admin@earthrepair.net/ Internet: www.earthrepair.net

Please help network this forest protection strategy. Thank you.

NOTE: the Australian Federal Government changed the rules on Petitions so this story and effort was seen by less people than anticipated.

FOREST PROTECTION PETITION

For the permanent protection of native forests and all other areas of high conservation value, and for the implementation of tree plantation strategies.

This petition from the undersigned respectfully points out that: there is an increasing and urgent demand from the people, to protect all remaining high conservation value native forests which support flora and fauna unique to Australia, thus complying with the United Nations Biodiversity Convention to which Australia is a signatory. We have a responsibility to future and present generations, and the necessary reasons, knowledge and technology to act now on the following achievable solutions.

Your petitioners therefore request that the Australian federal governments legislate to:

- * immediately **stop logging** and **woodchipping** activities in all high conservation value **native forests**;
- * ensure inter-generational equity by planning for the rights of future generations, and **protect** in perpetuity all **biologically diverse native forests**, wilderness, rainforests and **critical habitats of endangered species**;
- * facilitate rapid transition of the **timber industry** from harvesting high conservation value native forests to establishing **mixed-species farm forestry** on existing cleared and degraded lands using natural composting and modern re-mineralization methods to revitalise the soils;
- * maximise use of **readily-available plantation timber** for industry needs, using appropriate forestry techniques and progressive minimal-waste processing methods, such as radial sawing, and wherever possible, **reuse and recycle** wood and paper products;
- * support employment incentives for nationwide adoption and use of permaculture principles to propagate, plant and **help grow an abundance of food and medicine forests** everywhere possible;
- * encourage sensitively-managed, **environmental education tourism** in appropriate forest areas, with full respect for natural ecosystems, **Aboriginal cultural heritage**, sacred sites and other sites of significance;
- * progressively **transfer expertise and resources from the military sector** to help implement these tree growing solutions, and to **motivate the international community** to follow this example.



2013 - 2015 - 2017 - 2020

[World-wide military spending is currently over US\$160 million every hour. Daily, thousands of people die from lack of basic needs, while millions of people are deprived of clean water, food, shelter, and health care.]

MILLIONS OF CONCERNED AUSTRALIANS ARE REPRESENTED BY THIS GROWING LIST OF OFFICIAL PETITION ENDORSERS FROM CHURCH AND RELIGIOUS GROUPS, EDUCATIONAL INSTITUTIONS, ABORIGINAL LAND COUNCILS, POLITICAL PARTIES, ENVIRONMENT ORGANISATIONS, CONSERVATION SOCIETIES & PROMINENT INDIVIDUALS:

- | | | | |
|---|--|--|---|
| <ul style="list-style-type: none">• Aboriginal Gallery of Dreaming, VIC;• Academy of Natural Therapies; • Aidwatch;• Albury Wodonga Environment Centre;• Australian Conservation Foundation;• Australian Democrats;• Australian Complementary Health Assoc;• Australian Education Union (Fed) (SA) (TAS);• Australian Electric Vehicles Association Inc;• Australian Greens (VIC);• Australian Lebanese Environment Fndn;• Australian Natural Therapists Assoc Ltd;• A Better Future For Our Children Party;• Bay Rescue Mordialloc Inc;• Bega Environment Network Centre;• Big Scrub Environment Centre;• Black Rainbow Printing Co;• Blue Mountains Conservation Society;• BM Human Rights & Environment Centre;• BM Aboriginal Culture & Resource Centre;• Buddhist Peace Fellowship;• Bush Tucker Supply Australia;• Byron Environment Centre;• Byron Regional Co-operative;• Byron Shire Echo Newspaper;• Caldera Environment Centre;• Catholic Earth Care Australia;• Central Coast Peace Forum; • CERES;• Children of the Green Earth;• Christians for the Environment;• Clarence Environment Centre;• Colong Foundation for Wilderness;• Community Lands Access Network Inc (CLAN);• Concerned Citizens of East Gippsland;• Conservation Council of the South East Region and Canberra; • Dance Nomad; | <ul style="list-style-type: none">• Denmark WA Environment Centre;• Denmark WA Conservation Society;• Earth Repair Foundation; • Embodied Earth;• Environs Australia; • EarthSave Australia;• Ecology Action Group RMIT;• Ecopaper Pty Ltd; • Ecostream Pty Ltd;• Environment Victoria;• Fitzroy Primary School;• Flow Form Furniture Factory;• Forest Activist Network, Blue Mountains;• Friends Of Earth, Melbourne, Sydney, Brisbane;• Global Action Network;• Goongerah Environment Centre;• Green Connections; • Green Left Weekly;• Green Games Watch 2000;• Greenpeace Australia;• Greenspot - Green Books; • Harley Heaven;• Hon Ian Cohen, MLC, NSW Greens;• Hon Richard Jones, Former MLC, NSW Parl'mnt;• Humane Society International;• International Rangers Association Inc;• Int'nl Society for Krishna Consciousness;• Islamic Council of NSW;• Jack Lim Qigong Academy;• Jewish National Fund of Australia;• Ken Davis Music International;• King Valley Tree Farm - Symbioeco;• Kingston Conservation & Env. Coalition Inc;• LETS Blue Mountains Inc;• Lunasol; • Mirasol;• Macquarie University Union;• MagnaCare Pty Ltd; • Mac Advice;• Mas Mediation and Advocacy Services, VIC;• Medical Practice in Psychiatry;• Melbourne College of Natural Medicine; | <ul style="list-style-type: none">• Melbourne Uni. Student Union Env. Dept;• Monash Environment Group;• Monash Uni. Env. Engineering Society;• Monash Student Association (Clayton) Inc;• Mountain Designs;• National Parks Association of NSW;• National Union of Students; • NUS NSW;• Native Forest Network;• Native Tree Plantation Action Group;• Natural Health Society;• Nature Care College; • Nexus Magazine;• Nature Conservation Council of NSW;• Nature's Energy Natural Therapy Centre;• Nimbin Environment Centre;• NSW Aboriginal Land Council;• Ngunnawal Aboriginal Land Council (ACT);• NSW Teachers Federation;• North Coast Environment Council Inc;• North East Forest Alliance;• Organic Growers' Association (NSW);• Patagonia Australia;• Permaculture International;• Planet Ark Environmental Foundation;• Planetary Naturals Australia;• Port Phillip Eco Centre;• Queensland Paulownia Forests Limited;• RMIT Student Union;• Radcon Radial Timber Australia;• Rainforest Information Centre;• Sedona Journal of Emergence;• Seed Savers' Network;• Senators Bob Brown and Dee Margetts;• Society of Australian Songwriters;• Southern Cross University, SRC; | <ul style="list-style-type: none">• Southern School of Natural Therapies;• Surfrider Foundation;• Sustainability Research Institute;• Sutherland Shire Environment Centre;• The Body Shop;• The Bush Club Inc;• The Greenline Organic Distributors;• The Wayside Chapel;• The Weekend News;• The Wilderness Society; • TWS Illawarra• Timbarra Protection Coalition;• Total Environment Centre;• Toxin Action Group;• Tree Tops Environment Centres;• Trust for Nature;• United Nations Association of Australia (NSW) Inc;• United Peoples Association (Australia);• Uniting Church Australia, Committee for Social Responsibility and Justice;• Union of Australian Women;• Universal Insights;• University of Sydney, SRC;• University of Technology Sydney, Students Association;• University of Western Sydney, Hawkesbury Students Association;• University of Wollongong, Students Assn;• Vegan International (Australia);• Victorian Governance Assn. (Clayton) Inc;• Volunteering Victoria;• Wild Life Preservation Society of Australia;• Wingham Forest Action;• Wombat Forest Society;• Wombat Regional Environment Centre. |
|---|--|--|---|



Endorsement Form. A signature here represents your organisation's endorsement of the principles in this Forest Protection Petition. Support this vital initiative and send your endorsement ASAP to the **Earth Repair Foundation**, PO Box 503, Katoomba, NSW 2780. Phone: 0408 267 195

Organisation: **Date:**

Address: **Phone Nos:**

Signature: **Position:**

BY SIGNING THIS PETITION TO THE HOUSE OF REPRESENTATIVES, YOU INDICATE YOUR AGREEMENT WITH THE ABOVE OBJECTIVES AND DIRECT OUR GOVERNMENT TO IMPLEMENT THESE ESSENTIAL STRATEGIES. PLEASE ASK FOR YOUR ORGANISATION'S ENDORSEMENT AND HELP MAKE THIS THE MOST EFFECTIVE PETITION IN AUSTRALIA'S HISTORY. WHEN ENOUGH PEOPLE LEAD OUR LEADERS WILL FOLLOW.



*Production of this petition has been co-ordinated by the **Earth Repair Foundation (ERF)** Kindly send fully signed petitions ASAP to your local Federal Member of Parliament with copies to: **ERF, PO Box 503, Katoomba, NSW 2780 AUST***

Please copy and network this petition as soon as possible. Thank you.

Last revised: 16th May, 2013

AWAKEN NOWWWW TO THE EXPERIENCE OF INNER PEACE

WE ARE ALL HERE ON PLANET EARTH NOW AS SPIRITUAL BEINGS, BEING HUMANS, EACH ONE OF US BORN FREE AND EQUAL IN DIGNITY AND RIGHTS AS SOVEREIGN CITIZENS OF THE INFINITE AND ETERNAL UNIVERSE



THIS NOW AGE ENTERPRISE FOR INNER AND WORLD PEACE IS HERE TO STAY AND WILL CONTINUE FOREVER, AS NOWWWW IS ALL THERE IS !



**THIS PEACE NOW STORY AND SCRIPT IS A WAY UP FROM DOWN!
IT'S BASED ON OPTIMISM, NOW~ISM AND WISDOM AND CAN
ENABLE ANYONE, TO ATTAIN AND MAINTAIN INNER PEACE.**

An unhappy man who had just lost his job, was walking along a city street feeling miserable and defeated by life's challenges. He noticed this piece of paper titled **AWAKEN NOW TO THE EXPERIENCE OF INNER PEACE** lying cleanly on the ground. He picked it up and the next words that impressed him from the paper were, 'Always remember to look on the bright and positive side of life'. He became curious and decided to read further as at that time he couldn't see a bright or positive side?

The paper congratulated the reader on being a great champion winner of life ahead of millions of competitors at the time of conception when each of our parents came together to co-conceive each and every one of us. It went on to explain how we each gestated in our mother's womb for around 280 days, we birthed, and then lived our whole life right up to the present moments of nowwww, which were described as potentially the latest greatest best time so far in the history of the universe. 'Wow' he thought, that IS positive!

At first, the man found it difficult to accept what he was reading, the information seemed right and true, but he had never come across anything like this before, including the header images on this page. The paper went on to tell how, according to science, while he was reading the words, the Earth is travelling in orbit around the Sun at nearly thirty kilometers a second, or 1800 kilometres every minute, and almost 108,000 kilometres every hour. This reminded him of a song he knew as a younger person performed by the [Moody Blues titled, 'Thinking is the best way to travel'](#). For a moment he transcended his troubles and he began to think more positively and feel optimistic again.

In all the history of the universe the paper revealed, there has never been and never will be, anyone else exactly like you. You are a unique, unrepeatable, valuable and important member of an awesome human family of almost 8 billion other precious unique human kindred spirits, living on planet Earth nowwww in this year 2022. Each one of us is born free and equal in dignity and human rights, all with the potential to individually and collectively attain and maintain inner and world peace.

This is powerful information he thought. Why hadn't he come across any of this previously? He began to feel quite elated and started considering his life in a different way.

He then saw a McNaturals Plant Based Wholefood Vegan Cafe up ahead and felt like drinking a Green Sprout Fruit Smoothie. He decided to go there and continue reading.

He went to the counter, ordered his smoothie, looked around and noticed two younger people, a man and a woman sitting at one of the tables. They were looking at the very same paper he was reading. They were both smiling and seemed excited.

He showed them his paper and asked if he could join them and they said "of course". The couple excitedly explained how they found their paper a little earlier on a seat in a train they were travelling on. They said they were finding the content to be very powerful mind-enhancing information.

The three became collectively curious, as the source of the paper's origin seemed to be anonymous. No address, phone number, email or website was on the paper. The only name that was given to identify any source was 'DARAMA' which was described as (DA) for Father, (RA) for Sun, (MA) for Mother.

The next paragraph stated, this paper has been created especially for **YOU**, yes **YOU** the reader, and no matter what has happened in your life previously or where you are at currently in your relationship with yourself, others, and your life generally in the universe, you now have the opportunity to absorb and adopt the ideas contained on this piece of paper to enable your future time to be filled with joy, love, peace, freedom, happiness and optimism.

Optimism was then described as the attitude that all things can be ordered for good and that everything happens for the best. It is identifying the presence of good in all things, enabling an anticipation of optimal outcomes and the most favourable results. An optimistic mental attitude finds the good in everyone and everything. It enables the ability to turn difficulties into opportunities and useful learning experiences and an opportunity to transform problems into solutions. The paragraph explained that with optimistic thinking, goodness ultimately triumphs, even when it seems that evil persists. Goodness shows itself in the wonders that abound all around everywhere all the time. If one looks carefully, every atom, every seed, every living thing, and every moment, are all miraculous wonders. The almighty god is the good in everyone and everything!

The paper pointed out that each one of us is made up of trillions of atoms in a physical human form. It explained that essentially, we are spiritual beings having a human experience and each of us is an inlet to an infinite and eternal realm of universal mind. And, even though we are being humans, we are primarily immortals with indestructible consciousness.

DARAMA then went on to explain that the long awaited and much anticipated great planetary and human spiritual awakening, is first realising that each one of us are the chosen ones we have all been waiting for, and second we realise that as spiritual beings, Heaven, Nirvana, Samadhi, Satori and Eternal Bliss, including the Christ, Buddha, Krishna and Cosmic conscious awareness, are all attitudes of perception that are nearer than hands and feet and closer than breathing.

In awe, the three then agreed to take a break from reading the paper to discuss what they had just read and also to discover more about each other.

The man who had just lost his job had a wife and four school age children, a son and three daughters, and even though his wife did some part time work, he was worried about how he was going to be able to support his family. The couple were pregnant, not working, and looking for ways to live a family life.

The topic of what work could be done to earn a living became a subject of discussion. The older man glanced again at the paper and he saw and said the word Permaculture. "What's permaculture" the woman asked?

It was described as a modern gardening design science which shows how to co-operate with the Sun, the Earth, the Wind and the Rain, and apply minimum-maintenance maximum-yield Permaculture design principles to enable anyone and everyone to participate in creating lives filled with absolute sustainable abundance within the ethics of Earth Care, People Care, Fair Share.

The wonderful thing about Permaculture the paper explained, is that anyone can begin to learn and practice this timely and important Australian innovation from now on; simply by typing the word Permaculture into any internet search panel to discover thousands of picture stories and videos from the millions of people on every continent who have already made the transition to this sustainable self-employment lifestyle.

There are billions of home yards in suburbs of towns and cities throughout the world that wait to be converted into abundant food-forests, and many home owners are already employing people to install and maintain productive home food-gardens.

DARAMA then invited the reader to consider embarking on an exciting and adventurous journey of learning, and to adopt this whole paper as a story-script that contains a distillation of much useful knowledge and practical wisdom presented briefly yet comprehensively, inspired by the principle of less is more

The script is for recording with one's best reading voice to listen to repeatedly whilst awake or asleep, as often as required, until it is memorised. It contains reminders of self-evident truths in brief sentences and paragraphs that are clear and concise.

This method of repeated listening to a personalised recording can help anyone to reduce towards eliminating, harmful health-reducing addictions or bad habits and practices, and replace these with their equivalent opposites.

The script was explained as a powerful and effective way to strengthen one's attitude of optimism, and enable the full experience of the abundance of qualities that are there to be loved and lived on life's journey. It can enable anyone to continuously and increasingly enjoy peace and happiness!

~ PERSONALISE THE SCRIPT SO IT'S BEST FOR YOU ~

THE SCRIPT: I breathe deeply and relax now, I rest myself into a deeper and deeper state of relaxation, I relax and am becoming increasingly relaxed.

I remember my ever-present connection to the infinite and eternal universe. I rejoice in the blissful self-realisation of this amazing dimension of conscious awareness. I feel at one with this and enjoy ever-increasing peace, moment by moment.

An all-important experience in my life is being and feeling my inter-connectedness with the oneness of all time and all space.

I realise that by consciously awakening to this unlimited internal realm, can be in an instant, just like a falling raindrop splashing into the ocean and immediately becoming the whole ocean. Satori is Japanese for sudden enlightenment!

I create my own imaginary inner sacred temple as a mental sanctuary where I can be at peace regardless of outer circumstances. In this totally private self-created inner-sanctum, I can relax and experience being conscious of bliss to enjoy peace and happiness as a living reality.

I observe my reactions to the thoughts arising in my mind and how I respond to them. I choose what I think, do and say. I have the strength of commitment to always act ethically and honestly to enable my own mental peace and freedom and to help empower my contribution to the greater peace for all. I can experience total peace as can anyone, anywhere, anytime. It's a natural birthright for everyone to continuously know and enjoy the fulfilling happiness of inner peace.

Because I know that the power of my mind can heal my mind, learning this script enables me to fully develop my physical, mental, emotional and spiritual potential. It's an effective way of helping me maintain being an optimistic nowist thinker enjoying the latest moments as my best time confident that even better is yet to come with the continuous love of deep, meaningful, and ever-present inner peace.

Others don't have to change for me to experience peace of mind.

I now fully enjoy my own inner peace and visualise peace for everyone in the world at the same time. This can be simply achieved by optimistically anticipating that in time, everyone in the world will feel as happy and contented as I feel.

I love and appreciate the good and positive in everyone and everything. I acknowledge and enjoy my present moments as my latest greatest best times and continuously experience this in my life, knowing that even better is yet to come.

My thoughts and plans create the agenda for my life. What I think, feel, believe and act towards is my reality.

I respectfully enjoy reverence for, love of, and gratitude to the great spirit of the infinite intelligence and of the eternal universe.

It is never too late to become what I am capable of becoming.

I confidently live every moment in clarity, intuitive intelligence, compassion, forgiveness, and mindfulness.

I remember the best times from my past history, anticipate even better times in the future mystery, while enjoying the present moments of nowwww as a precious gift.

In truth I am never alone as the infinite and eternal universal conscious awareness is with me continuously as my best friend and constant companion. This living reality can never die for it is indestructible consciousness.

I live in the spiritual consciousness of infinite and eternal awareness and enjoy my life as an optimistic nowist thinker experiencing the latest time as my best time.

Supreme conscious awareness is always with me just waiting to be remembered and realised. The capability of this is within the reach of each one of us! I am aware of my consciousness and conscious of my awareness.

With every moment I grow in understanding and patience, and expand my tolerance and courage, endurance and will-power. I also improve my skills with being rational and logical. These ingredients lead me to be the Captain of my Soul!

I progressively increase my natural state of being as enlightened, loving, peaceful and serene.

I am inspired by the joy of optimism and nowist thinking with an attitude of gratitude.

In claiming increasing health and wholeness for myself, I continuously free my mind and life from inappropriate conditioning and unhealthy practices.

I am not a prisoner of the past, I am a pioneer of the future. Life is abundant and unlimited, and all my needs are met.

Each and every day I am becoming increasingly attuned to my surroundings. I am always in the right place at the right time.

I am progressively mastering management of my To Do Lists and am becoming increasingly productive. I plan my work and I work my plan.

I unconditionally love, accept and support myself. I am my own best friend and constant companion and my mental and spiritual body is perfect whole and complete.

I overcome all fears by the experience of knowing that I am an infinite and eternal spiritual consciousness.

I analyse everything I have learned and now accept only what's true. The truth is the truth even if only a few people believe it. A lie is a lie even if most people believe it.

With each breath I breathe, I nurture the equanimity of my spiritual, mental, emotional and physical bodies.

I innovatively work with an attitude of gratitude and receive an abundance of everything I need.

I am diligent, focussed and committed to helping advance the evolution of the movement for community advancement and world improvement, and I become an unstoppable force for good.

I repeatedly read and/or record and regularly listen to this script until I memorise it and am at one with its contents. I have now replaced all health reducing habits and practices with their equivalent opposite.

Reading and/or listening to this script renews my inspiration and increases my appreciation and gratitude for life.

I now read, record, listen and memorise the following self-complete Mind-Vitamin Thought-Seeds:

I am progressively improving my attitude of conscious awareness to ensure a continuous balanced mood;

I absorb this priceless wisdom and knowledge from sages through the ages;

I motivate myself into positive mind health, self-realisation and peaceful happiness;

I eliminate mental anxiety, depression and pessimistic thinking.

I realise that a moment's insight is sometimes worth a life's experience.

Realising I am living in eternity, the time to be happy is nowwww

I know that being happy is the best way of being wise.

I realise that economy is itself a great revenue.

I experience eternity as that time after the past and before the future. Eternity is Now.

I know that every adversity carries seeds for equal or greater benefits.

I realise that genius is a quality of mind and way of thinking that everyone has the potential to access.

I know that happiness doesn't only come from doing what I like to do but also from liking what I have to do.

Heavenly eternal happiness and ecstasy bliss awareness is always with me just waiting to be awakened to.

I always remember to look on the bright and positive side of life.

I am a spiritual being having a human experience on Earth, here in the infinite universe.

I am an eternally conscious physical immortalist living forever now.

I am as happy as I make up my mind to be.

I am conscious of my awareness and aware of my consciousness.

I am optimistic and self-confident and I progressively and successfully accomplish my goals.

I am the change I want to see in the world.

I am unique, original, unrepeatable, valuable and important.

I know that sublime heavenly consciousness is nearer than hands and feet and closer than breathing.

I appreciate the consolation of being able to thrust aside and cast into oblivion every tiresome intrusive impression, and in a moment or an instant, be utterly at peace.

I can't go back and change a bad beginning, but I can start now and create a successful ending.

I dream, conceive, believe and achieve.

I don't let what I can't do interfere with what I can do.

I don't wait for moods, I accomplish little if I do that. My mind knows it has got to get down to work.

I enjoy each new breath and moment even more than the previous.

I find ecstasy in life as the mere sense of living is joy enough.

I forsake the bad; cultivate the good and purify my mind.

I imagine all the people living life in peace.

I lead by good example.

I let go of the idea that I am a body that's destined to die, and instead, I am at one with my immortal self living forever nowwww

I make the most of today as my best preparation for tomorrow.

I never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it's the only thing that ever has.

I overcome anger with gentleness, evil with goodness, the miser with generosity, the liar with truth.

I plan my work and I work my plan.

I realise that nowwww is all there is.

I realise that prevention is much better than cure.

I remember to remember the infinite and eternal, all powerful nature of my inner higher self.

I see a world in a grain of sand, and a heaven in a wild flower, I hold infinity in the palm of my hand, and eternity in an hour.

I trust my dreams for in them is hidden the gate to eternity.

I wondered why somebody wasn't doing something until I realised that I was somebody.

I choose to make the rest of my life the best and most productive time of my life.

I've realised that the secret to being happy is so simple that when it is discovered, laughter will probably be heard everywhere.

If I don't give it a go, I'll never ever know.

If in my daily life I can smile and be peaceful and happy, not only me, but everyone will profit from it.

IF IT IS TO BE, IT IS UP TO ME, AND US.

It is never too late to become what I am capable of becoming.

It is not only doing the things I like to do, but optimistically liking the things I have to do that makes my life happy.

It is not so much that I am within the cosmos, as that the cosmos is within me.

It is not always easy finding happiness in myself and it's not possible to find it anywhere else. My happiness is up to me.

In all the history of the universe, there has never been and never will be, anyone else exactly like me.

Mistakes are part of the learning process, I build with the rocks I stumble over.

Moment by moment night and day, I think, feel and do better in every possible way.

My daily life is my temple and my religion, when I enter into it, I take with me my all.

My experience of being a human on planet Earth is like a fun working holiday which includes a free annual ride around the Sun.

My mind is its own place and in itself, can make a heaven of hell or a hell of heaven.

There are no problems only solutions.

Now is the beginning of the rest of my life.

Optimistic nowist thinking enables me or anyone to enjoy the latest time as the best time with an attitude of gratitude knowing that, even better is yet to come.

Optimists are happier than pessimists so I practice optimism to overcome pessimism.

Positive overcomes negative, courage overcomes fear, patience overcomes anger, love overcomes hatred.

Prevention is much better than cure.

Self-conquest is the greatest of victories.

Short sayings often contain much wisdom.

Sometimes I find the best bridge between despair and hope is a good night's sleep.

Success is not final, failure is not fatal; it is the courage to continue that counts.

The inner light I cannot find is known to my unconscious mind, I have no reason to despair because I am already there.

The impossible is what nobody can do until somebody does it.

The universe is my home and the human family is my tribe. The whole Earth is my birthplace and all humans are my brothers and sisters.

To an optimistic nowist thinker, the latest greatest best time in all of eternity and in the history of the universe is nowwww

This is my one and only precious life.

We are the ones we've been waiting for.

What is now proven was once only imagined.

Whatever I can do or dream I can, I begin it. Boldness has genius, power and magic in it.

Recording and repeated listening to, and/or reading this script regularly, can enable me or anyone to absorb and memorise this innovative 'Now Age' method of self-transformation and self-enlightenment.

The script is based on the 'less is more' or some say 'less is best' principles, so much pure essence is contained in these sentences and paragraphs

The script can effectively and increasingly enable the adoption of good healthy habits and cutting the ties that can bind me to pessimistic thinking and unhealthy behaviour.

Basically, from now on I am prompted to cultivate good habits to supersede and leave behind the not so good ones.

From now, I am aiming for my last breath to be my best one and every breath and moment, between now and then, an improvement on the previous. To get to heaven I simply take it with me.

I am a full-time student of life seeking to learn useful knowledge from every situation. By learning this script I can achieve my optimum personal potential.

I enjoy the blissful happiness of eternity consciousness comprising the past, present and future.

I respect and honour my amazing physical body by regular exercise and eating and drinking the healthiest and most medicinally nutritious, raw, living, natural foods available.

Mindfully prepared lightly cooked foods can have a healing and rejuvenating impact on my physical body and mind. I make sure that everything I eat has medicinal value. My food is my medicine and my medicine is my food.

Ideally, I regularly blend or grate and eat, organically grown, anti-oxidant and enzyme empowered raw edible leaves, with sprouting seeds and nuts, in-season fruits, vegetables and herbs. Or, I pick and eat nutrient dense leaves while walking through a food-forest garden.

By eating and drinking raw, living, plant-based wholefoods as much as possible I help accelerate the reproduction of my body cells and every serve gives me a physical and mental rejuvenation boost. I regularly practice these life extension principles to acquire greater good health and increase my immunity efficiency to live healthily for as long as I can.

Acknowledgement is expressed to the numerous thinkers and writers who have contributed to the creation of much of this wisdom, some still living and others from past ages.

Eternal gratitude is expressed to these enlightened thinkers who have generously shared their wise insights.

The original quotes with the authors names are available elsewhere. These quotes have been reconstructed so they are presented in the first person.

DARAMA (DA Father, RA Sun, MA Mother) 21/03/2022

A DYNAMIC NOW-AGE INTERACTIVE

SCRIPT



TO HELP EMPOWER YOUR RESOLVE NEVER TO SMOKE TOBACCO AGAIN PLUS THE TRUTH ON TOBACCO

- **Many consider tobacco to be the world's most damaging product; a weapon of mass destruction to human health. Tobacco kills over 7 million people every year leaving over one billion sick and dying. This is a crime against humanity;**
- **Tobacco use is the leading preventable cause of mental and physical illness, and death;**
- **It needs to be identified as one of the world's most immoral and unethical businesses along with the production of landmines, cluster bombs and nuclear weapons;**
- **Contribute in every way possible to help make smoking a thing of the past by stopping the practice and encouraging friends and family to do the same;**
- **Join our multi-media support group to assist your decision to leave tobacco behind, so that we can all breathe more easily. Our lungs are one of the major ways we interact with the world, we must take care of them.**

The most powerful force for improved health is what we say to ourselves and believe to be true. Your own voice reading this personalised script is a very powerful way to enable anyone to de-program and re-program their relationship with smoking tobacco for nicotine. Record the following Script in your clearest voice, with sincerity and conviction for repeated listening, whilst awake or asleep, **to achieve amazing results.**

~ THE SCRIPT ~

'It's never too late to become what we are capable of becoming'.

I congratulate myself for consciously making the life-saving decision to stop being a slave to the destructive addiction of smoking tobacco. I praise my strength, courage and higher intelligence on choosing health rather than smoking. I feel assured that quitting is the best thing that I can do for myself. I am not depriving myself of anything; on the contrary there are wonderful rewards to instantly enjoy and many more to look forward to. **When all is said and done it is much easier not to smoke.**

• **My self-esteem and confidence improve immediately.** The addiction to nicotine rapidly diminishes and I experience a joyful and exhilarating freedom. I now know for sure what I have suspected all along - that life IS better, more joyous and richer for non smokers. I no longer feel the need to leave non-smokers' homes and go outside for a nicotine fix. I am at ease amongst non-smokers and no longer have to apologise for my addiction. I wake up each morning feeling blessed with restored health, energy, self-confidence and greater prosperity. **No longer a slave to my addiction, I have lifted a huge psychological impediment from my life.**

• **Quitting instantly improves my health and increases my quality and length of life.** About a day after stopping my lung efficiency starts to improve. I am less short of breath when I exert myself. The small pockets of tissue deep within my lungs - my alveoli, are no longer absorbing many cubic feet of air dripping with cancerous tar. My lungs now breathe more easily and are relieved from life-threatening abuse. That painful feeling in my chest, from the persistent hammering I was giving my lungs, is subsiding. I now have more protection from the world-wide plight of acute respiratory illness, chest infection and general sickness.

• **Stopping smoking greatly improves the efficiency of my immune system.** By stopping smoking I am no longer so susceptible to diseases like lung and throat cancer, heart disease, gum disease and tooth loss, pneumonia, influenza and the common cold, depression, impotence and the list goes alarmingly on. Smokers are most susceptible to these conditions which are preventable and often reversible by stopping what's causing the sickness. I now resolve to make the most of my life changing decision by living wisely and well - eating healthy foods, exercising regularly and maintaining a positive and optimistic attitude.

• **Quitting greatly improves my appearance.** I have no more tobacco stains on my teeth and fingers. My hands, hair, clothes car and house don't smell of stale tobacco smoke. I already begin to feel and look better. That pale and unhealthy look that so many smokers have, rapidly disappears. My taste buds come back to life and my sense of smell improves.

• **Now I can look forward to increased energy.** My renewed self-confidence makes me more attractive both inwardly and outwardly. I experience improved blood flow and circulation which is essential for me to maintain good health.

• **I will have more money in my pocket.** If I was a pack a day smoker, I can look forward to having a cash bonus of more than \$5000 a year (over \$100 a week). I am no longer contributing to the unethical and enormous profits of the tobacco companies. I can now afford to make regular investments in increasing my health and well-being, primarily through improved nutrition.

• **After one month of quitting my risk of coronary heart disease is almost half that of a continuing smoker.** Within two months, blood flow to all my limbs substantially improves. My risk of lung cancer is cut in half in a few years and progressively it drops almost to the rate of nonsmokers.

The eventual reality for most smokers is premature, prolonged and painful death - a reality far removed from the false image of health, sex appeal and success that multinational tobacco companies strive desperately and deplorably to promote whilst contributing to the slow death of billions.

• **I now enjoy being a non-smoker.** I minimise any feelings caused by nicotine withdrawal. I have left behind my addiction to nicotine and never use nicotine substitutes, such as patches or other products.

• **I regularly eat a variety of fresh fruit, herbs and lightly cooked vegetables to accelerate my recovery.** I also invest some of the money I had previously wasted on tobacco into nutrient concentrates, minerals and antioxidants, which are beneficial to my recovery and the optimum maintenance of good health. Improved nutrition further accelerates my return to better health. **As Hippocrates taught, "Let your food be your medicine and your medicine be your food".**

• **I am at peace and I am happy to be on a healthy path.** I attract like-minded people into my life. I now enjoy the best natural health care and fitness practices, which include drinking extra water and consuming concentrated nutrient supplements like Spirulina and extra vitamin C.

• **I regularly exercise through increased walking, as well as deep breathing and stretching.** I feel a positive improved difference in my well-being when I take the time to listen to this recording and when I practice health enriching activities. I celebrate each present moment as a precious gift and I enjoy increasing good health in body and mind.

• **The life saving and life extending decision I have made not to smoke, greatly increases my quality of life and is beneficial for those around me.** I resolve never to smoke tobacco again and to avoid being in contact with tobacco smoke as much as possible.

• **I now breathe more easily** in the knowledge that my addiction is over and increasingly my health and wellbeing improve. I fully realise that the benefits of quitting are fabulous and immediate.

NOTE: This script can be adapted to overcome any affliction of addiction to such things as gambling, alcohol and substance abuse, overeating disorders, or anything else you'd like to modify or change.

** Further to using this Stop Script we recommend you read and implement the principles outlined in Allen Carr's outstanding book The Easy Way to Stop Smoking. You can listen to testimonials of this by looking it up on YouTube.*

If you have found this script useful and/or would like it to be more widely available, please tithe a small portion of the money you save by not smoking, so that all smokers can be sent a free copy.

Additional help is available for recording this script on a computer or digital recorder for repeated listening. Ask us to help you personalise the script for your specific needs and/or record it for you using our voice.

This is an initiative of
**United Peoples Association and
the Earth Repair Foundation**

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Skype ID: earthrepair
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Last revised 10th February, 2018

Acknowledgements of contributors who have helped make the Earth Repair Solution Strategy possible.

Many people over decades have been part of researching and refining the wording of the self-evident and achievable solutions offered in the 2020 Vision Earth Repair Charter Global Solution Strategy.

Acknowledgement with sincere gratitude is expressed by the Earth Repair Foundation (Team ERF) to all the contributors who have helped the growth of this earth repair initiative. To everyone who has participated so far during the last 35 years and more, directly or indirectly, and also to others yet to help, may all blessings always be with you all for your continuous enjoyment of optimistic nowist thinking, the latest time as your greatest best time, and knowing that even better is yet to come along with ever-increasing peace, love, freedom and happiness.

Listed below in semi-alphabetical order are the names of some of the many participants and contributors.

- Angel, Adam and Gaia, ERF children, supporters
- Adrian Roberts, Achintya Govinda Dasa, video producer, advisor, supporter
- Alexander PH Driscoll, supporter
- Alfred Schmidt, IT Support
- Ben Hope, (Gidon Kezelman) health researcher, advisor
- Benny Zable, advisor, supporter, performance artist
- Bhima Emz, supporter
- Bob Brown, Charter endorser
- Brendan McNamara, IT advice, support
- Brooke Watson, advisor, supporter
- Burnum Burnum, ancestor, spirit guide, Charter endorser
- Chris, Alison & Rodney Towerton, supporters, advisors
- Christopher and Linda Dean, supporters
- Dalai Lama, Charter endorser
- David Beattie, elder advisor
- David Suzuki, inspirer, Charter endorser
- Deborah Harbin, contributor advisor
- Dudley Leggett, Director, Sustainability Research Institute, Charter endorser
- Duncan Roads, Nexus Magazine, advisor, supporter
- Dylan Wood, Video Production, IT support, networking
- Evie Pikler, music contributor, advisor
- Faith Hope Charity, researcher/advisor
- Felicity Presnell, supporter, advisor
- Florian Altendorfer, IT support, networking
- Fred Klerk, Community Garden Supporter
- Frazer Kirkman, friend, advisor, IT support
- Franklin MC Scarf JP, ERF's Founder. [FMCSResume](#)
- Geoffrey BW Little JP, The Smiling Policeman, supporter
- Glen Craig, Artistic contributor
- Grahame King, Indigenous liaison
- Helen and Max Droga, volunteers
- Ian Bridges, IT support
- Jan Thornleigh, advisor, supporter
- Jenny Kee, Charter endorser
- Jeremy and Daemon Wozniak, IT supporters, advisors
- Jonathan Bevan, LLB, advisor, Charter endorser
- Josie Vendramini, advisor, supporter
- Julia Kierth, Inner Light Foundation, generous supporter
- Kalani and Lucius Gacon, video support
- Karyn Nash, advisor, supporter, promoter
- Keith Suter, advisor and Charter endorser
- Lindsay Mell and Sandy Yang, supporters
- Lindy Carrington, ZZL, researcher and advisor
- Leila Wedd and Family, supporter, artist, advisor
- LoveLisa, Seedsaver, advisor, supporter
- Matt Cole, advisor, supporter
- Marcos Garcia Ronciera, researcher, supporter, RIP
- Matt and Erin Stagg, Data Fidelity, IT support
- Matti Heinonen, video support
- Michael Byrt, advisor, supporter
- Michael Galvin, environmental engineer, scientist, advisor, supporter
- Michael J Connolly, permaculture teacher, supporter
- Michael Jones, advisor, supporter
- Michael Lynn, supporter, art advisor
- Michael Pilarski, Friends of the Trees, and convener of the Global Earth Repair Foundation and Conference, earthrepair.friendsofthetrees.net
- Michael Teleshoff, IT support
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- Olivia Sperzel, research assistant, supporter
- Paul Shelley, advisor, supporter and marketer
- Penny Berlin, website developer
- Peter Shenstone, Planet Ark, advisor, supporter
- Philip Roberts, BFA, Artist, supporter
- Raffaella Washington, advisor, research assistant
- Renata Be, advisor, supporter,
- Richard Jones, advisor and Charter endorser
- Richard St Barbe Baker (Dr) Founder, Man of the Trees
- Robyn Jackson, advisor, research assistant
- Rosalinda Perido, M.Mgmt, Business Admin Advisor
- Rosco Welch, advisor, RIP
- Rowan Bournier, volunteer gardener, supporter
- Samir and Susi Touma, advisors
- Salima/Lynn Harvison, advisor, research assistant
- Sharon Wilkinson, BLMC (Hons) ERF volunteer
- Shirin Ripoll, supporter
- Shirley Lewis, BagLady Productions, supporter
- Shoshanna Brenner, supporter
- Simon Bull, supporter, marketing activist
- Solihin Millin, mentor, advisor, supporter
- Spring Blossom, advisor, activist
- Stephen Tripp, writer, musician, supporter
- Steve Harrison, Amazing Photoshop art contributor
- Su Patterson and Family, UK supporters
- Susan Pearce, book keeping
- Swift and Vernon Treweek, Art and Music contributors
- Tahni and Brodi Devine, supporters
- Tara Whitie, WordPress developer
- Ted Imsirovic, landscaper
- Thelonious and SunRa, art and media
- The Kennedy Family, ERF HQ building owners
- The Scarf Brothers & Sisters, friends and supporters
- Tony Young, Media support
- Trinity Scarf and Chrissi Hayward, supporters
- Trish, Majella & Tobias Donoghue, advisors, supporters
- UNAA (NSW) Inc, Executive Committee, Environment Program and Blue Mountains Branch, support
- Uncle Guboo Ted Thomas, Ancestor and Spirit Guide
- Varunee, Stephen, Jake and Jaquie Minchin, supporters
- Vegan Katy, editor, supporter
- Will Smith and Family, advisors, supporters

This list will increase as progress advances ...



Franklin MC Scarf's Life and Work in Summary, 1941 to 2022

- Franklin Michael Charles Scarf is the Founder of the Earth Repair Foundation based in Katoomba in the Blue Mountains of NSW Australia. He was conceived in Katoomba in the Aboriginal Nation of Gundungurra and was born in Sydney on Friday December 26, 1941 at 8:26pm. He attended early school at Mount St Mary's Convent and St Canice's Schools in Katoomba. Lived his first seven years in Katoomba, then moved with his family to Sydney.
- In Sydney, he attended school at De La Salle College. From there he studied at Sydney Technical College which later became the University of Technology. He then joined his family's business of Scarf Brothers Corporation which was a small family enterprise engaged in the food, clothing and property industries.
- After 12 years in the family business, he pursued a new direction and became an activist in the movement for world improvement. He established the Message Poster Renaissance Centre in Kings Cross Sydney which eventually gave birth to the concept of Mind-Vitamin Thought-Seed Poster-Cards which he is still developing and sharing to this day.
- Franklin is one of six children and the eldest son in a family of Phoenician/Lebanese origin with a Byzantine Melkite, Aramaic, Christian heritage. He is father to four adult children, three daughters and a son.
- Franklin is a Justice of the Peace and has travelled extensively throughout Australia and the world during his lifetime.
- He incorporated the Earth Repair Foundation (ERF) in 1987. For over three decades, he has co-ordinated with the help of many, the production of what now exists as the Vision 2030 Earth Repair Charter Global Solution Strategy. The Charter was developed in consultation with educators, indigenous councils, scientists, environmentalists and others committed to world improvement. It has been endorsed by many eminent people and the aim of the strategy is to motivate every nation to adopt the Charter and the world's best practices for a sustainable 21st Century. The Charter can be seen at earthrepair.net
- Other highlights of his career so far include: President of United Nations Association of Australia in NSW, 1986-1988. First and past convener of the UNAA (NSW) Environment Program. Past convener of the Blue Mountains Branch of UNAA (NSW) Inc.
- Worked in an honorary and voluntary capacity with UNAA continuously since 1972. He sees UN Associations as the people's access to the United Nations, giving us, 'We the Peoples' an opportunity to participate in helping the UN fulfill its optimum potential. He was granted Life Membership honours with UNAA (NSW) in 2007. His commitment to the quest for world peace has him continuing to motivate people and governments for every nation to progressively transform expertise, funding, resources and personnel from all national military service sectors, to implement the Earth Repair Charter as the priority within each country.
- With other concerned individuals and groups, he funded and hosted in his Sydney office, the startup of the highly acclaimed UNAA proclaimed Australian Year of the Tree, 1981-82. He was appointed the first National Director of Greening Australia 1982-83 which seeded Australia's National Tree Program. Greening Australia have been responsible for organising the planting of over 1.2 billion trees in Australia since then and the accumulation of bio-mass and the global impact, is incalculable.
- Convened one of Sydney's first Multi-faith Services for World Peace in alliance with UNAA (NSW). This happened as part of the first Newtown Festival that still occurs annually almost 50 years later. The success of the first Multi-Faith service led to eight other similar events. He is aspiring to develop a comprehensive multi-faith website based on optimistic nowist thinking and to

enable every faith and philosophical ideology an opportunity to give their best advice on how humanity can live optimally in the 21st century.

- In 1979 he incorporated a company that grew to become McNaturals International Pty Ltd which he currently manages. McNaturals is dedicated to prompting people to acquire good health and immunity efficiency by regularly eating raw living foods and practicing the wisdom that Hippocrates taught "Let your food be your medicine". Particularly, he is questing for the retail sales of his invention of a McNs Sprouting Kit and Green Sprout Smoothie as a nutritious Ice Block resulting from his decades-long research.
- During the 1990s, Franklin co-created with the help of many, an educational demonstration of soil production through hygienic, aerobic composting, and growing food organically at McNaturals garden learning centre at Hazelbrook in the Blue Mountains.
- Co-convened the UNAA Environment/Recycling Committee in 1983 which instigated a campaign titled 'What The World Needs Now Is A Sense of Humus'. The campaign promotes the recycling of most used plastics to manufacture, great numbers of hygienic, aerobic, no-dig, composting bins. These bins are for use in most home yards to compost all previously-wasted and continuously available bio-degradable materials into increasing quantities of earthworms and humus-rich soils for use in helping grow permaculture designed food-forests in all appropriate places. He believes this initiative has unlimited educational, food producing, and honourable and ethical employment potential for the Earth.
- Worked closely with and was inspired by Dr Richard St Barbe Baker, Q.B.E., LL.D, internationally renowned 'Man of the Trees'. St Barbe commended Franklin in a letter stating, "You have your credentials in your mission of helping tree-scape the Earth and becoming one of the world's great Earth healers".
- Franklin is committed to defending all original native forests everywhere. He encourages everyone to help with this pursuit.
- Co-sponsored the historic 1989 Earthwalk Conference on social, indigenous and environmental issues, producing an Earth Treaty for the Children of the World.
- Franklin has photographed many thousands of beautiful eye-contact smiles. He helped implement the Great Australian Smile Quest through the Channel 9 Network and the Mike Walsh Show resulting in the popular 'Smile Book'. This was produced to commemorate the UN's International Year of the Child in 1979. The book raised an estimated \$10K for UNAA NSW.
- Franklin has played as a magical entertainer, mainly with younger children but some times practices his art on anyone. He can blow a bubble, inside a bubble, inside a bubble. Each time he achieves this triple dimension effect, he says he feels like Don Quixote achieving the impossible dream and reaching the unreachable star.
- He has developed a plan for the production of a 'best practice' multi-language, sustainability learning poster to educate, inspire and motivate people everywhere. The poster is to reveal in succinct pictorial detail, the growing of permaculture designed, edible food-forests. Also, how to acquire immunity efficiency by ensuring that all foods and drinks consumed, are nutritionally dense.
- He's aspiring for the poster to inspire the growth of abundant eco-villages in the suburbs of towns and cities on the majority of home blocks, school yards and community lands everywhere to ensure food security for all.
- Franklin holds a Permaculture Design Certificate and is an advocate for permaculture principles and ethics.
- Presently, he watches with great interest the growth from the world's first Global Earth Repair Summit (GERS) that happened worldwide from Washington State USA in October 2022. This event is helping grow the global earth repair movement for community advancement. See earthrepair.friendsofthetrees.net
- Franklin can be contacted at PO Box 503, Katoomba, NSW 2780 Australia. Mobile: 0408 267 195, Email: franklin@earthrepair.net

Blue Mountains Community Garden and Food Forest

Where Every Day Is a Festival of Joy!

The Gardens Comprise:

- An Indigenous Ceremonial Fire and Meeting Circle
- Seed Savers Apple Walk With 43 Different Species
- Meditation Labyrinth
- All Permaculture Zones in a Forest Food Garden
- Numerous Fruit Trees
- Performance Space and Picnic Area
- Proposed Library, Cafe and Permaculture Learning Centre
- Kitchen, Toilet and Tool Shed
- Children's Sand Play Area
- Bush Tucker Garden
- Four Pond Filtered Creek
- Medieval Re-enactment Village
- Composting Demonstrations
- Tea Tree Forest
- A Garden For All Age Children



Fun, Work and Permaculture Learning. Share a Meal on Fridays, 10am - 2pm

Come and participate! Feel free to wander and explore. The gardens need your help to grow heritage food varieties and friendships.

The address is Harold Hodgson Reserve, 12-22 Victoria Street
North Katoomba 2780 Blue Mountains NSW Australia

Permaculture Ethics: Earth Care, People Care, Fair Share.

We work with the Blue Mountains City Council, Aboriginal Culture and Resource Centre, Permaculture Blue Mountains, LandCare, TAFE, Schools, Mens Shed, Multi-Cultural Childrens pre-school group, Women's Health Centres, Earth Recovery Australia, the Earth Repair Foundation, Uniting Church Blue Mountains, and Local Neighbourhood Centres. Funding comes from our own fund-raising activities. Your help is welcome!

Join us! bluemountainscommunitygardens.org

Thank You All Volunteers

TEAM ERF ~ Earth Repair Foundation ~ ERF

TEAM = Together Everyone Achieves More

Last revised
17th April, 2022

Team ERF consists of young and old volunteers, communicating and cooperating to advance in every way possible the projects listed below. These projects are being managed by the following organisations:

- Earth Repair Foundation (ERF), • McNaturals International Pty Ltd (McNs),
- United Peoples Association of Australia (UPAA) • Peace Now Association Inc (PNAI) is possible to re-incorporate to enable free-lance fund-raising in public domains.

In today's world there are many troublesome problems that we are all facing. The solutions to these problems are what has motivated this earth repair work. If you read about what's going on with ERF, perhaps you may like to participate.

Project items for **Round Table** discussions are listed below and detailed information on each project is available in printed or digital formats on request. The Round Table accentuates the equality of all participants, at times some may not be physically present but can still be part of the meetings via Skype or Zoom. Dates and times of meetings are announced when appropriate:

Minutes of decisions made will be noted and circulated by email. Hard copies available on request.

~ The Projects ~

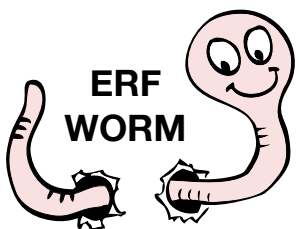
- Earth Repair Charter Global Solution Strategy. The Charter is ERF's primary manifesto and is what the Vision 2030 Now Age Global Solution Strategy is all about. Read the Charter at earthrepair.net
- Imagine Back From The Future a movie outline that logically achieves the basis for world peace by the end of year 2030. TEAM ERF members are invited to make suggestions for any document.
- ERF, McNaturals Organic Food Garden in Katoomba. Continue to maintain as a productive demonstration of urban permaculture. Gardeners are invited to regularly assist.
- Campaign to recycle presently wasted used plastics to re-manufacture increasing numbers of hygienic, aerobic, no-dig Composting Bins, to help breed increasing numbers of earth worms, and make humus~rich soil for organic food gardening in home-yards and all other appropriate places.
- Campaign to partner with McDonalds. Letter from McNaturals International Pty Ltd to McDonalds has been sent, was responded to, and the campaign continues.
- Earth Repair Songs. How to promote these? Perhaps with some of the 2000-3000 eye-contact, smile photographs that are available, with earth repair music. See example: <https://youtu.be/cRqSm9eCL7U>
- Burnum Burnum's connection to the Earth Repair Foundation. He wrote:
"The Earth Repair Charter's unique approach is capable of uniting all people, communities, religions and nations in the common purpose of solving Earth's environmental, economic and social dilemmas".
Burnum Burnum, Australian Author, Activist & Actor, 1936-1997
- **Petitions:** • Native Forest Protection; • A Department for Peace in every government;
- Nutritional Education in Schools; • A Global Petition to turn Sewage into trees.
- Property at 16 Station Street, Katoomba (ERF's HQ) and its development. Solar panels, water tanks, Garage renovations, Sustainability Lane, etc. Buy back.

continued on page 2 ...

- Digital Smile Shows comprising Mind Vitamin Thought Seeds and earth repair music.
- Plan for Katoomba Blue Mountains to become the World's First Mind Vitamin City.
- A dynaminc new NowAge Interactive Stop Smoking Script has been developed and is freely available on request. The Script is for personalising and repeated listening until memorised. It can be effectively applied to heal any affliction of addiction.
- Script to Awaken to the reality of personal freedom ~ A Way Up From Down ~ Through a personal recording and repeated listening until memorised.
- Parenting and/or Re-parenting script for children recommending the repeated listening and sleep learning method to effectively memorise the contents.
- A proposed website summarising the histories and essential precepts of every religion, faith, school of thought and philosophical ideology. The website will invite visitors to answer seven prime questions, the best answers will eventually result in a published production.
- A World's Best Practice learning poster for every language to help people learn basic life skills for survival, especially among refugees and the homeless. This will basically be a carefully designed pictorial summary of the 72 hours of Permaculture learning to enable quick and easy understanding and adoption.
- McNaturals nutritionally dense Green smoothie of blended edible raw leaves, fresh fruits, sprouting seeds, nuts and juice and made into Ice Blocks. • McNaturals Seed Sprouting system. This amateur video link was made a few years ago without scripting or practice and it shows how the very nutritious McNaturals raw, living food concentrate is prepared. <https://www.youtube.com/watch?v=mF0qZpD0870>

There are reasons to be positively optimistic that these projects and products have potential to become popular with increasing numbers of people if promoted and marketed professionally.

- **PRODUCTS:** • Mind-Vitamin Thought-Seed Poster-Cards; • Peace Now Drinking CUPS, and T-Shirts; • Laminated Placards and their promotion and marketing into towns, cities and languages to brighten dull spots with continuously radiating inspiration.
- Peace Now and other ERF copy-righted images can be printed on various items like • Pendant Neclaces, •Drinking Cups, and •T-Shirts for men, women and children and sold. In cases like this, 40% of all net profits goes to the work at earthrepair.net
- A Way Up From Down Freedom Script. • Sleep and Parenting Script. • Stop Smoking Script.
- ERF Web site, FaceBook pages, Twitter and Instagram accounts: These are progressively becoming more interactive and effective in sowing thought-seeds. Persistence continues to further develop these.
- PayPal, Crowd Funding and online marketing are also within reach to start monitising ERF's work.



**ERF WORM is the Foundation's official mascot and ERF proclaims:
'WHAT THE WORLD NEEDS NOW IS A SENSE OF HUMUS'.**

ERF is also an acronym for Earth Repair First, Earth Repair Family, Earth Repair Friends, Earth Repair Festivals, and Earth Repair for a Fabulous Future.

Voluntary contributions of assistance to any or all of these enterprises are invited and welcomed. For amplification or further details about the agenda, please contact the ERF founder, Franklin Scarf at franklin@earthrepair.net or on 0408 267 195. Thank you for reading this!

Global Earth Repair CONFERENCE

"...what is needed is a real grass-roots, bottom-up, locally-managed restoration mass underground movement of informed people, a groundswell of popular opinion driven by a green ethos, to regreen our planet and recarbonize our soil." —Quote from *Geotherapy*. Thomas Goreau, et al.

ECOSYSTEM
RESTORATION

REFORESTATION

EROSION CONTROL

AGROFORESTRY

CARBON FARMING

PERMACULTURE

KEYNOTE SPEAKERS:
John D. Liu
Dr. Thomas J. Goreau
More to be announced

MYCO-REMEDIATION

INDIGENOUS
ETHNOECOLOGY

ECOSYSTEM
RESTORATION
CAMPS

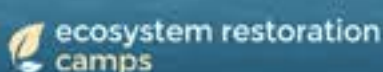
LOCAL TO
INTERNATIONAL

MANGROVE
CORAL REEF AND
MARINE ECOSYSTEMS

HONORING THE EARTH

MAY 3-5 2019

PACIFIC NORTHWEST, USA
PORT TOWNSEND, WASHINGTON
FORT WORDEN CONFERENCE CENTER



www.earthrepair.friendsofthetrees.net



GLOBAL EARTH REPAIR SUMMIT

OCTOBER 21-24, 2022

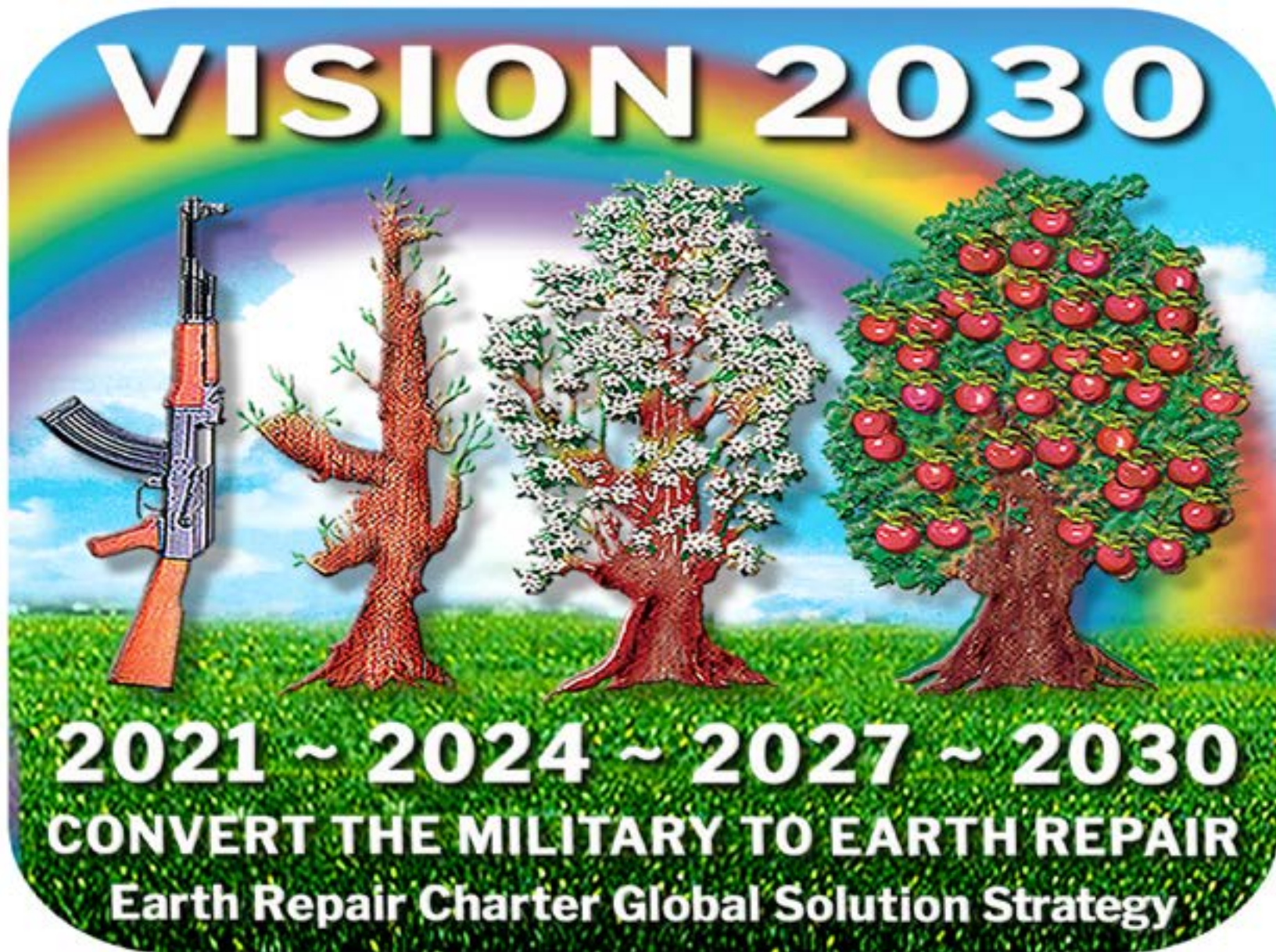
IN-PERSON EVENTS WORLDWIDE
GLOBAL PARTICIPATION VIA ZOOM



LET'S WORK TOGETHER!

— BRINGING TOGETHER & SERVING THE —
GLOBAL GRASSROOTS ECO-RESTORATION MOVEMENT

www.globalearthrepairfoundation.org



We, the people sharing this, ask that all the world's Indigenous First Nations Peoples Unite with every other sovereign nation, to start a New Earth International organisation called All Nations United (ANU) and establish a global organic food and tree growing race, instead of an arms race, so communities around the world can actively participate in helping stabilise Earth's climate, restore eco-systems everywhere, and enable food security for all present and future generations.

**An ancient prophecy says:
'Nations will not learn war any more'.**

"Now nations and peoples can learn this rhyme and practise permaculture, and help grow herbs and veggies, nuts and fruits, using home-made compost on the roots!

**Plant food-forests, clean the air, save old forests everywhere!
Peoples of the world unite! Feed the hungry, make it right.
Lay down weapons, live in peace, let the global conflicts cease.**

**A Peace-Filled World is What We Need. We Can All Help
Sow The Seeds. Get the Feeling, Join the Movement,
EARTH REPAIR FOR WORLD IMPROVEMENT!"**

*"It is not only important to keep the forests we still have, but companion planting and helping grow increasing quantities of appropriate trees, is the scientific solution to Earth's environmental dilemma".
Dr Richard St Barbe Baker, Founder, Men of the Trees and Children of the Green Earth, 1889 - 1982*

The Calendula Story and the Now Age Era *by* Franklin Scarf

The attached photos show the brilliant food and medicinal herb Calendula (*Calendula Officinalis*) growing freely in gardens and containers along Katoomba Street, and throughout public areas in the Blue Mountains of Australia.

Anyone, anywhere can easily harvest Calendula seeds that awesomely transform from their radiant flowers. When the bright Orange petals disappear, there's the seed pod just waiting to be harvested.

Patiently let the seeds dry, then sow them anywhere and everywhere in the world that this public community advancement action can be implemented.

Calendula's name derives from the Latin *Calendae*, referring to its long blooming season - in certain locales it is said to bloom nearly every month of the calendar year. The species name, *Officinalis*, refers to its historical use in apothecaries and pharmacopeias as the official medicinal species of its genus.

The numerous calendars recorded in human history, have all existed in the eternal nowwww ~ Humanity has evolved from the old age, through the new age, and the now age is present and will continue forever as now is all there is. The herb Calendula has self-selected to be a symbol for the Now Age Movement for health, peace, love and unity for all humanity.

Helping Calendula grow from seed is easy, even for the brownest of thumbs. Sow the prehistoric-looking seeds directly in moist soil, but not necessary as eventually the rains will come. Carve furrows in the soil and sprinkle in the seeds. Pray a blessing for their successful growth then move forward to plant more seeds

Calendula can thrive in just about any soil. It flowers more profusely in full Sun but can tolerate a little shade. If you live in the subtropics or tropics, try planting it in part shade, or plant it in the fall (it will thrive throughout the winter in warm climates).

Sun bright orange or golden yellow flowers and bright Green nutritious leaves, are historically used for medicinal and culinary purposes. Ruled by the Sun, this classic medicinal herb can help rejuvenate skin and greatly assists in helping heal skin surface wounds. Calendula has long been a staple in home gardens around the world.

Calendula oil is extracted from Calendula flowers and leaves. The oil has anti-fungal, anti-inflammatory, and anti-bacterial properties.

Calendula usually finds its way into the hearts and gardens of all herb lovers. It has been used for centuries, both internally and topically to help heal wounds, burns, and rashes.

The Sun bright flowers are a traditional remedy for supporting the immune system and lifting the spirits. If that weren't enough, the edible flower petals are bursting with antioxidant compounds.

Please consider sharing this everywhere to help sow seeds for love, unity, peace and prosperity for all humanity.





• "My body will not be a tomb for other creatures. The time will come when men such as I will look upon the murder of animals as they now look upon the murder of men."

Leonardo Da Vinci



• "Humans can live and be healthy without killing animals for food. Therefore if one eats meat they participate in taking animal life merely for the sake of their appetite. And to act so is immoral. As long as there are slaughterhouses, there will be battlefields."

Leo Tolstoy



• "We all love animals. Why do we call some 'pets' and others 'dinner'?"

K.D. Lang



• "If you don't want to be beaten, imprisoned, mutilated, tortured or killed, then you shouldn't condone such behavior towards anyone, be they human or not".

Moby



• "I'm an animal rights activist because I believe we won't have a planet if we continue to behave toward other species the way we do. We don't need to eat anyone who would swim, run or fly away if they could."

James Cromwell



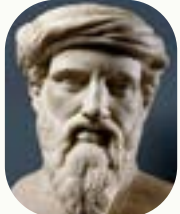
• "Animals don't have a voice, but I do. A loud one. A big fucking mouth. My voice is for them. And I'll never shut up while they suffer."

Ricky Gervais



• "Factory farms do more harm to the environment than all of transportation combined. Everyone is talking about fuel-efficient vehicles, but they would actually do more for the Earth by becoming vegan. People don't think about how each of these animals that we call dinner have the same kinds of personalities as our dogs and cats."

Emily Deschanel



• "For as long as men massacre animals, they will kill each other. Indeed, he who sows the seeds of murder and pain cannot reap joy and love."

Pythagoras



• "Can't think of anything better in the world to be, but to be vegan."

Alicia Silverstone



• "There is no fundamental difference between man and animals in their ability to feel pleasure and pain, happiness and misery."

Charles Darwin



• "While we ourselves are the living graves of murdered animals, how can we expect any ideal conditions on this earth?"

George Bernard Shaw



• "Until we have the courage to recognise cruelty for what it is, whether its victims are humans or animals, we cannot have peace among men, whose hearts find delight in killing living creatures."

Rachel Carson



• "We'll never achieve peace in the world unless we lay down our weapons of war against animals and stop killing them and eating them."

Christine Townend



• "The food you eat can be either the safest and most powerful form of medicine or the slowest form of poison."

Ann Wigmore



• "The human body has no more need for Cows' milk than it does for Dogs' milk, Horses' milk, or Giraffes' milk."

Dr Michael Klapper



• "Man was not born to be a carnivore."

Albert Einstein



• "I don't see why someone should lose their life just so you can have a snack."

Russell Brand



• "You either approve of violence or you don't, and nothing on earth is more violent or extreme than the meat industry."

Morrissey



• "The soul is the same in all living creatures, although the body of each is different."

"Let your food be your medicine, and your medicine be your food".

Hippocrates



• "Why are Vegans made fun of, while the inhumane factory farming process regards animals and the natural world merely as commodities to be exploited for profit?"

Ellen Page



• "Non-violence leads to the highest ethics, which is the goal of all evolution. Until we stop harming all other living beings, we are still savages".

Thomas Edison



• "The greatness of a nation and its moral progress can be judged by the way its animals are treated."

Mahatma Ghandi



• "People who have chosen to live a cruelty-free plant-based lifestyle are baffled as to why other people have not made the connection. Many of us live with companion animals such as dogs, cats, and rabbits. We share our homes with them, consider them members of the family and we grieve when they die. Yet we kill and eat other animals who, if you really think about it, are no different from the ones we love."

Benjamin Zephaniah



• "The animals of the world exist for their own reasons. They were not made for humans any more than blacks were made for whites, or women for men."

Alice Walker



• "We are all animal creatures of this planet. And non-human animals experience pain sensations just like we do. They too are strong, intelligent, industrious, mobile, and evolutionary."

Joaquin Phoenix

Please print and display this poster where it can be easily seen, in sizes A4, A3 or A2. Thank you!

THE VEGAN WAY ASPIRES TO:

- Enable all sentient beings to live their lives freely according to their natural needs.
- End harmful human intervention and exclude all forms of exploitation and cruelty to animals.
- Improve our own physical, emotional, mental and spiritual health by adopting a vegan diet and way of life.
- Speak out against the cruelty and suffering perpetrated by humans on other animals in factory farms, slaughter houses, laboratories, live export, and the culling of animals.
- Motivate more people to witness for themselves what actually happens in this carnist world via the documentary Dominion.
- Use only vegan products.
- Help create a world based on: justice and fairness; compassion rather than cruelty; empathy rather than apathy; authenticity rather than dishonesty.
- Let Veganism become one of the fastest growing animal liberation and community advancement movements in today's world.
- Motivate all humanity to become Vegan to help save animals and repair the Earth.
- Be the change we want to see in the world.

Being Vegan for the animals is the least we can do.



FACTS and FIGURES

- Every year, 56 billion (and rising) land animals are bred for murder in slaughter-houses and abattoirs worldwide, plus trillions of fish (who are all sentient), to provide flesh foods for humans and their pets. NOTE: Sentient means able to perceive and feel things.
- Factory farming and animal agriculture are major contributors to Earth's climate crisis. These industries do more harm to Earth's environment than all transportation combined, including air travel.

MUST SEES

- [Dominion.com](#) (YouTube) ~ [watchdominion.com](#)
- [The Game Changers](#) (Netflix)
- [The Best Speech You Will Ever Hear](#) (YouTube)
- [What the Health](#) (Netflix)
- [Forks Over Knives](#) (Netflix)
- [This speech is Your Wake Up Call](#) (YouTube)
- [Land of Hope and Glory](#) (YouTube)
- [The Excuses Speech, 2014](#) (YouTube)
- [101 Reasons to Go Vegan](#) (YouTube)
- [Vegan 2020](#) (YouTube), • [Lucent](#) (YouTube)
- [Seaspiracy](#) (Netflix and YouTube)
- [Earthlings](#) (Earthlings.com) • [Cowspiracy](#) (Netflix)
- <https://animalclock.org> • worldpeacediet.com
- <https://thevegancalculator.com/animal-slaughter>

FREE SUPPORT

[challenge22.com](#)
Mail: team@anonymousforthevoiceless.org
FaceBook: [Anonymous for the Voiceless](#)
Instagram: @anonymousforthevoiceless
22 days of full support: [vegan22.com](#)

Websites: [cubeoftruth.com](#) [savepoppy.com](#)

RESOURCES

[Nutritionfacts.com](#) [ADAPTT.com](#)
[CarnismDebunked.com](#) [HappyCow.net](#)

MUST READS

[How Not To Die](#) by Dr Michael Greger
[Dominion](#) by Matthew Scully
[Food Choice & Sustainability](#) by Dr Richard Oppenlander

Around 45 years ago, I helped co-create this New Sydney Love City poster during my residency in Kings Cross Sydney. Art credit for the poster goes to the amazingly talented Michael Matou RIP. Please share if you like or love this.

