



# “What the World Needs Now IS A SENSE OF HUMUS”

**Compost instead of waste to breed Earth worms and make humus-soil, helping nature to grow the healthiest foods is FUN-WORK, NOT TOIL.**

This campaign is motivating the world community to reduce, re-use and recycle all used plastics, to re-manufacture into composting bins, for every home yard in cities and towns world-wide, towards achieving a no-waste society.



The bins are hygienic, aerobic and conical shaped, (like the bins pictured here, although these bins have had nine x 3mm holes drilled into them in a symmetrical grid, and one in the lid), providing continuous aeration, enabling optimal bio-degradation and an efficient no-dig method.

Composting bins can be used in every home yard to stop the waste, and to process ALL the continuously available bio-degradable resources. This will produce increasing quantities of earth worms and humus-rich soil to use in helping grow permaculture-designed urban and rural food-forests in all appropriate places.

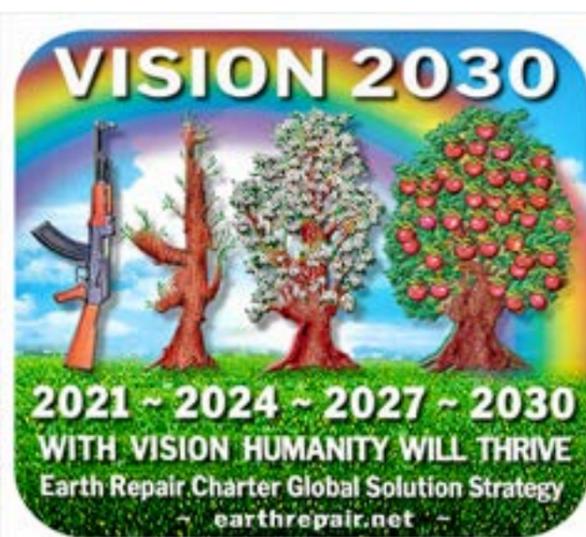


As this activity accelerates globally, it will enable unlimited ethical and honourable employment, enhance local and global co-operation, produce an abundance of fresh, healthy, living plant foods and ensure

ongoing food security for all. It also has the potential to help mitigate climate change and reverse global warming.

**Every compost stack is an earth repair bank and every deposit made is an investment into a sustainable future.**

Please share this thought-seeding strategy with your friends and families and be part of the solution to help accelerate Vision 2030 towards a world community of caring and sharing people living in good health, peace, happiness and abundance.



This campaign is being conducted by the Earth Repair Foundation (ERF).

@ earthrepair.net



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# "What The World Needs Now is A SENSE OF HUMUS"

Composting to help grow increasing quantities of fruit and nut trees with herbs and vegetables companion-planted under and around them, and irrigating with minimum maintenance and maximum yield systems, is becoming the world's most productive employment activity to help end hunger by providing healthy living foods for everyone.

Photocopy enlarge this Sense Of Humus - How To Compost poster so that it is easier to read.

**HOW TO COMPOST**

PRESENTLY-WASTED BIODEGRADABLE MATERIALS INTO HUMUS TO REVITALISE SOILS AS A GIFT FOR MOTHER NATURE

HUMUS IS PRODUCED BY COMPOSTING DECAYING ORGANIC MATTER. IT'S AN EFFICIENT AND PRACTICAL WAY TO REPAIR THE EARTH BY RESTORING DEGRADED SOILS TO HELP PLANTS GROW.

**HUMUS - IT'S HYGIENIC - IT'S SIMPLE**

**IT'S MADE FROM**

LAWN CLIPPINGS, MULCHER CUT VEGETATION, FRUIT & VEGE. REFUSE, FOOD SCRAPS, KITCHEN COMPOST BUCKET, SHREDDER PAPER, SEWAGE, MANURE, METALLIC COLLECTION BAGS, PAULOWNIA TREE

**HOW IT'S MADE ON A LARGE SCALE**

BIO-STABILIZER MUNICIPAL COMPOSTING PLANT USING GARBAGE AND SEWAGE SLUDGE MIXED WITH FINE-GRAINED MINERAL ROCK FERTILISERS

RECEIVING INGREDIENTS MIX & FEED IN PROCESS

ALL HARMFUL PATHOGENS ARE DESTROYED BY NATURAL HEAT PROCESSES COMBINED WITH MODERN METHODS

**HOW IT'S MADE IN BACKYARDS, SCHOOLS and FARMS**

COMPOST BINS, FOOD HERB AND MEDICINE GARDEN

**WHAT HAPPENS**

Mixed layers of organic materials kept moist and aerated, are decomposed by bacterial activity. The temperature rises to 55°C - 60°C killing harmful pathogens and weed seeds. Earth worms multiply in these ideal conditions creating humus-rich soil which is optimum fertiliser for growing any vegetation.

**COMPOST DON'T WASTE MAKE HUMUS SOIL, GROWING FOOD IS FUN-WORK NOT TOIL.**

**WHAT IT'S USED FOR**

MULCH FOR GARDENS, ORCHARDS, POT PLANT MIX, SEEDLINGS, FOOD PARKS, FORESTS, REVITALISING SOILS, BAGS OF HUMUS, NATURAL FERTILISER, BULK HYGIENIC HUMUS

**WHAT THE RESULT IS**

CLEAN AIR, LESS POLLUTION, HEALTHY PLANTS & TREES, CLEANER OCEANS & RIVERS, HYGIENIC RECYCLED WATER, HEALTHY FRUIT & VEGIES FREE FROM DISEASE & PESTS, EARTHWORMS - THE GARDEN'S FRIEND

**WHAT THE WORLD NEEDS NOW IS A SENSE OF HUMUS**

HAPPY HEALTHY PEOPLE

ILLUSTRATIONS CONTRIBUTED BY GLEN CRAIG AND LEILA WEDD

## Earth Repair Peace Rap

Earth Repair is in the air,  
 Feel it, Think it,  
 Live it, Yeah,  
 Beat the Drum, Boom,  
 Boom, Boom, Boom,  
 Beat the Drum for  
 Earth Repair

Boom Boom - Boom Boom Boom

Grow Herbs and Vegies,  
 Nuts and Fruits,  
 Use Homemade Compost  
 on the Roots,  
 Plant Food Forests,  
 Clean the Air,  
 Save Old Forests  
 Everywhere

Boom Boom - Boom Boom Boom

Peoples of the World  
 Unite,  
 Feed the Hungry,  
 Make it Right,  
 Lay down weapons,  
 Live in Peace,  
 And Let the Global  
 conflicts Cease

Boom Boom - Boom Boom Boom

A Safer World is  
 What We Need,  
 We can all Help  
 Sow the Seeds,  
 Get the Feeling,  
 Join the Movement,  
 Earth Repair for  
 World Improvement

Boom Boom - Boom Boom Boom

© 2011, Earth Repair Foundation (ERF) with Sandy Holmes from the Glow Worms

For a PDF version of this composting information visit: [earthrepair.net](http://earthrepair.net)

# ~ Natural Capital that will help restore Earth's soils and eco-systems and benefit everyone ~

**Instead of humanity continuing to aim to achieve increasing and unlimited economic growth as a high priority, starting in this year 2022, the time has come for all people to communicate and co-operate to increase exponential growth of Natural Capital.**

## **What is Natural Capital?**

It is Natural Capital that will benefit people, individually and collectively, including all present and future generations, and restore Earth's eco-systems simultaneously.

Growing Natural Capital will enable the occupants of every home block throughout the world, to engage in the practice of Sense of Humus composting and permaculture design by helping grow home garden food-forests while receiving free assistance from the Sun, the earth, the wind and the rain.

People in every home can participate by converting front and back yards into abundant permaculture designed garden food-forests. This would include apartment and flat dwellers who could use sunny balconys, verges and/or nearby community gardens.

Escalating numbers of people are adopting the practice of maintaining home or community food and medicine gardens. It is now inevitable that integrated eco-villages will emerge as a prominent theme in suburban areas of towns and cities throughout the world.

There are numerous examples of this urban community practice already occurring in places like Cuba, Switzerland and Russia. Many other examples can be discovered by searching YouTube or Google for something like "community suburban food gardens and eco-villages in the world".

Within a decade, as more people and communities increasingly practice this, it will help mitigate global warming, provide meaningful survival knowledge to a generation, reverse under employment by giving ethical, honourable and creative employment to increasing numbers, and provide fresh, healthy, organically grown living foods for everyone.

At the world's first Global Earth Repair Conference that was held in early May 2019 in Washington State USA, it was determined that around 10% of humanity is all that would be needed to get this earth repair survival strategy implemented globally.

The benefits that will flow from doing this as a co-operative global initiative, over a decade, will have a profound impact on all present and future generations and the environment on Earth.

A Natural Capital learning poster is being created and will be available ASAP. This multi-language pictorial production will enable a whole generation to learn about the world's best practices in the skills of sustainable living for an abundant planet. See next page for description of the poster outline.

**Only one generation needs to change to improve the world for everyone.**

The goal from now is: for the majority of home yards in the world to establish organic Permaculture food and medicine gardens by the year 2050. These gardens will be nourished by the home production of increasing volumes of humus-rich soil and beneficial earth-healing worms.

**By processing in hygienic, aerobic, no-dig, conical shaped, composting bins, made from 100% recycled plastics, most people can participate in recycling all the currently wasted and continuously available bio-degradable materials that are generated on every home block, so humanity can collectively co-operate to help start replenishing Earth's seriously depleted topsoils, within this decade.**

### What The World Needs Now Is A Sense of Humus!

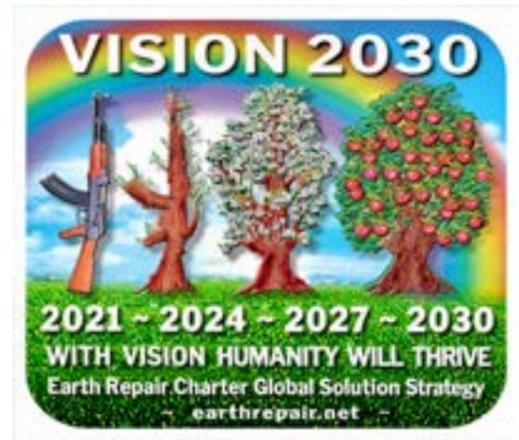
**ERF WORM says**  Compost instead of waste to breed earth worms and make humus-soil; assisting nature to grow the healthiest food, is **FUN WORK ~ not toil.** 

The Vision is for the majority of our world's people to adopt organic gardening with permaculture principles and ethics, by the end of this decade, so that abundant food-forests are growing in most home yards and all other appropriate places.

**Earth Care ~ People Care ~ Fair Share**

Mind-Vitamin Thought-Seeds™ continuously radiate inspiration. © earthrepair.net 6

# A GLOBAL MOVEMENT TO TRANSFORM SEWAGE INTO TREES



***"Planting and helping grow increasing quantities of appropriate trees, is the scientific solution to Earth's environmental dilemma".***

***Dr Richard St Barbe Baker, Q.B.E, LL.D, Internationally renowned founder of 'Men of the Trees'***

**There is an urgent need to stop the waste of materials that have potential to be transformed into valuable resources for community advancement and world improvement.**

**Ocean and river sewage outfalls represent a major threat to natural aquatic ecosystems and create a potential human health hazard. Through the regional treatment of sewage effluent using the world's best practice methods, and recycling this to irrigate and fertilise sustainable timber plantations, would help create: employment; increase biomass; absorb CO<sub>2</sub>; reduce pollution; help mitigate climate change; begin to reverse global warming; and produce tangible common wealth for present and future generations.**

***Therefore we respectfully ask every government to legislate for:***

- \* putting an end to the unnecessary practice of wasting primary treated sewage effluent, and instead, use this resource in sensible, ecologically resourceful and productive ways;
- \* using the World's Best Practice in ecologically sustainable development, planting and helping grow increasing quantities of appropriate trees in all appropriate places;
- \* fertilising and irrigating sustainable timber plantations wherever possible with treated effluent, in a similar way to the successful Chinese forestry model of inter-cropping fast growing trees;
- \* implementing strategies to transport treated sewage to suitable arid tree growing areas, either by back-loading via empty coal trucks, tunnelling and/or installing pipes along railway lines and pumping by using solar and other renewable energy sources;
- \* progressively transferring technological expertise, funding and resources from national military service sectors to help implement these sustainable objectives, and to motivate the international community to follow the example.

Please participate in this global thought-seeding campaign by petitioning and networking your local, state and national political leaders.

We ask you to print this page and write a friendly, positive supportive letter on the reverse side to give or send to your local politicians.

If you are able to help by starting an online Petition to network this proposal globally, that would be awesome. Thank you

# PERMACULTURE DESIGN CERTIFICATE

~ 72 HOUR CURRICULUM ~  
~ LEARNED OVER WEEKS,  
MONTHS AND/OR YEARS ~

This Thought-Seeding statement is prompting people of every nation to lobby all levels of their local, state and national governments, to enable the 72 hour curriculum of Permaculture learning to be integrated into all youth, refugee and asylum seeking detention centres. Also in correctional services facilities, refugee camps and Tent Cities for the Homeless.

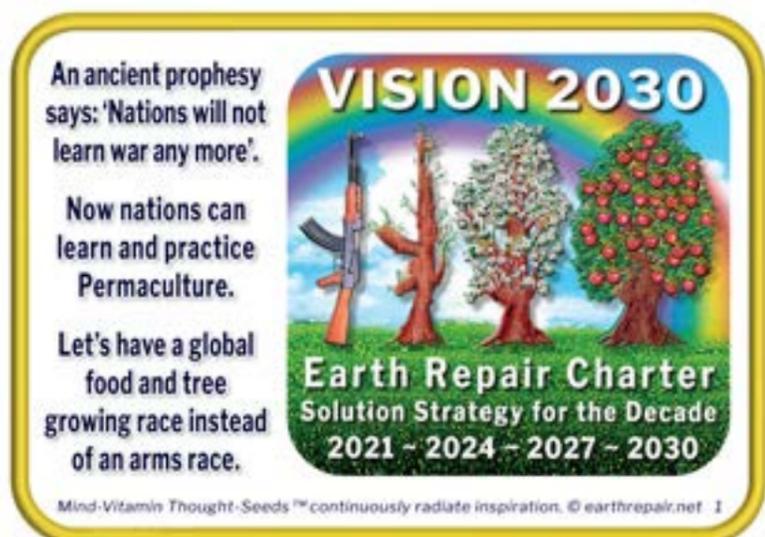
Further, the 72 hours of Permaculture learning, now more than ever, needs to be included in all schools, colleges and universities and all other institutes of education. This vital information can be learned over weeks, months and/or years. Anyone can begin learning from now, by browsing through the thousands of pages of picture stories and videos on <https://permaculturenews.org> or just Google: Permaculture stories!

Efficient food and medicine gardens can be established as productive learning and growing centres in home and school yards, community gardens, detention centres and jails. Within a decade, increasing numbers of abundant food-forests and eco-villages will be growing in every country.

This will enable everyone to participate in earth repair actions for a sustainable and abundant future for everybody.

Permaculture shows how to co-operate with all of Earth's elements, species, climates and peoples, enabling everyone to live lives filled with absolute sustainable abundance in harmony with the Sun, the earth/soil, the wind and the rain.

Please share this post with friends and family, community organisations, government ministers and social and mainstream media. Thank you.



# HELP RESCUE AND ENHANCE THE FUTURE FOR A SUSTAINABLE 'NEW EARTH' FOR ALL.

## THIS IS AN INVITATION FOR EVERYONE TO PARTICIPATE IN CO-CREATING A WORLD'S BEST PRACTICE, MULTI-LANGUAGE SUSTAINABILITY LEARNING POSTER FOR EVERY SCHOOL.

The Earth Repair Foundation is aspiring to help create this poster for every classroom wall and language. Its purpose is to provide information about the art of living skillfully in the 21st Century. It is to motivate everyone to participate in earth repair actions to help grow food and medicine gardens and appropriate trees towards mitigating global warming and enabling climate stability.

*"It is not only important to keep the forests we still have, but that companion planting and helping grow increasing quantities of appropriate trees, is the scientific solution to Earth's environmental dilemma".*

*Dr Richard St Barbe Baker, Founder, Men of the Trees and Children of the Green Earth*

- **The problems of the world can be solved in a garden.** Geoff Lawton, Permaculture Teacher/Designer
- **What permaculturists are doing is the most important activity that any group is doing on the planet.** Dr David Suzuki
- **If some food is given away, it nurtures others for a day. If many learn to grow their own, 'end world hunger seeds' are sown."**

**VISION:** Within a decade, to have permaculture designed garden food forests growing in all appropriate places in urban and rural environments, progressively building community resilience to climate change, inspiring wide-spread implementation of the practice of permaculture, always eating nutritionally dense foods, helping heal the environment, and ending under-employment and hunger.

**OBJECTIVE:** This poster will show how sustainable food and tree growing practices can be used to enhance life on Earth, via a large pictorial story-board printed poster, specifically designed to provide knowledge on how to compost and make soil, and inter-grow food, medicine and trees. To make the poster an international award-winning work of art, designed so it can be easily translated into many languages, and displayed on every classroom wall in every country.

It will also inspire digital stories for the internet and public media, showing examples of community participation in successful growing projects to accelerate the permaculture\* paradigm shift for all-age people to live more sustainably. Each subject in the poster will have a link for related videos.

\* Permaculture is an Australian design science for permanent, sustainable, organic agriculture which includes logical water management and the companion planting of mixed-species fruit and nut trees with under-storeys of vegetables, herbs and medicinal plants, using minimum-maintenance and maximum-yield principles. Permaculture ethics are Earth Care, People Care, Fair Share.

**PARTICIPANTS:** Initial development of the poster has started with collaboration between the Earth Repair Foundation and members of the Global Permaculture Network. Other individuals and groups are invited to join in and help, such as, educators, artists, technical and IT specialists, video producers, relevant government departments, and NGOs.

**THE POSTER:** Is to be printed in full colour on size A1 durable semi-gloss, possibly recycled card. At printing it will be score-folded into 8 x A4 panels for placing in a special envelope for mailing to anywhere in the world.

**POSTER CONTENTS:** Each A4 panel will comprise a theme with related subjects contained within it. All subjects will have images with succinct and concise descriptions that are easily translatable. Each line will be simply and concisely written for easy understanding in all languages. The poster, well-placed, will tirelessly radiate an inspirational and educational influence, 24 hours a day, 365 days a year.

A team of professional co-operators will choose the details within each panel. Carefully conceived and produced images and words, especially designed to inspire, educate and motivate in a gentle but effective fun-filled way. It will present a distillation of the world's best practices for sustainability in a clear visual, story-board style form. The poster with an accompanying multi-media educational package will have a powerful, positive impact on the next seven generations and beyond.

continued on page 2 ...

**This is an inexpensive production that could significantly assist our human community to live more sustainably. Only one generation needs to be positively influenced to think and act more wisely to help improve the world for everyone.**

**MARKETING, DISTRIBUTION AND SPONSORSHIP:** Sponsors are invited to participate and help fund the production. We appeal to government, corporate and/or private sponsors and philanthropists. With adequate funding, the estimated production time would be between four to six months.

**FOOD AND TREE GROWING RACE:** People of every nation can learn about and adopt the practice of permaculture as one of the world's most necessary, ethical and honourable employment activities.

**Some of the subjects that are being considered for inclusion in the eight panels of the poster are:**

- Humanity's position in the universe. Here we will cover outer and inner space and awareness of infinity and eternity. How to attain and maintain an attitude of healthy optimistic thinking and peaceful equanimity. A theme being considered for this section is: Think Globally, Act Locally, Respond Personally. **A relevant quote to consider: "The universe is my home and the human family is my tribe. The whole Earth is my birthplace and all humans are my brothers and sisters". Kahlil Gibran**
- Ecologically sustainable housing. Descriptions of eco-homes and integrated eco-villages. Illustrate retrofitting and houses made with appropriate technologies, using rainwater tanks, solar and wind power, grey water recycling and organic permaculture food gardens in and around each habitat;
- Sense of Humus composting. Establishing efficient food and medicine gardens as productive permaculture learning and growing centres in schools, backyards, parks, gaols, and rehabilitation facilities. **'Compost, instead of waste, and make humus soil, Helping nature grow the healthiest food, is FUN-WORK, not toil';**
- Capturing a time-line effect showing children planting seedling trees, and staging it over ten years comparing sizes, and then project to 40 years. Explain clearly how helping trees grow benefits the Earth and all its inhabitants;
- Highlight the importance of protecting the world's remaining natural heritage and biodiversity contained in native forests, lakes, rivers and oceans. Give practical advice and encouragement on planting and helping grow mixed species and companion grouped trees and food plants to store water in accumulating biomass, help stabilise the climate and with enough people practicing this will counteract global warming;
- Detail tips on growing and eating nutrient dense, raw living and sprouting foods to help acquire immunity efficiency, reverse disease and attain and maintain vital good health;
- Renewable energy and conservation systems; show the latest appropriate technologies and how they can be optimally applied to help humanity on the path to manifesting sustainable abundance for all;
- Further subjects that may be considered for inclusion could be found in the Earth Repair Charter, the VISION 2030 global solution strategy and the Imagine Back From The Future movie outline. These separate two-page documents can be found elsewhere in this file or at [earthrepair.net](http://earthrepair.net)

If you would like to help this proposal to actualise, please share these two pages to inform others, and/or write a personal letter recommending the concept to your local politicians and Members of State and Federal Parliaments.

Expressions of interest and offers of assistance to advance this opportunity are invited and welcomed.

If there are any aspects of this production that you'd like to enquire about or contribute to, please contact Team ERF at the Earth Repair Foundation (ERF), PO Box 503, Katoomba, Blue Mountains, NSW, 2780, AUST Phone: 02 4782 2625, 0408 267 195, [info@earthrepair.net](mailto:info@earthrepair.net) [www.earthrepair.net](http://www.earthrepair.net)

**McNaturals International™** an initiative of the Earth Repair Foundation, invites everyone to practice the wisdom of Hippocrates who taught, “Let your food be your medicine and your medicine be your food”.

# **ACQUIRE HEALTH and IMMUNITY EFFICIENCY**

Immunity is the ability of the body to efficiently resist disease and to help maintain high-level health and wellbeing.

Lifestyle diseases are preventable and reversible if we live and act wisely.

To be optimally healthy, nourish your body, mind and spirit well and they will self-heal and thrive.

We are greatly affected by what we think and what we put into our bodies.

Consume wholesome foods naturally grown in humus-rich soil with only natural fertilisers. These foods have much higher nutritional value and taste better.

Enjoy slowly eating and drinking, raw, fresh living foods to directly acquire immunity efficiency. Choose from a variety of health-giving, enzyme-packed, vitamin and mineral-rich, fruits, vegetables and herbs. Also seeds, nuts and grains especially when brought to life by sprouting.

Living foods are cell regenerating natural nutrients. Raw vegetables and fruits, chewed well, blended, grated, diced or juiced, give a delicious vitality boost and help one attain and maintain high-level wellness.

For ultimate health, supplement your diet with concentrated wholefood nutrients and plant based minerals and antioxidants.

For full evacuation of accumulated food residues, either squat, or elevate feet with a footrest to give a squat effect while on the toilet. It's very effective!

Daily, energise yourself with yoga, tai chi deep breathing, stretching, walking, bicycling and/or other suitable physical exercises and outdoor activities. Practice relaxation, meditation and prayer.

Affirm good and improving physical, mental and spiritual health with every breath you breathe. Use the Mind-Vitamin self-empowerment life script for repetition listening whilst awake or asleep until memorised, to achieve powerful positive results.

Avoid health-reducing products such as tobacco, alcohol or toxic, processed junk foods and drugs.

Acknowledge the good qualities in yourself and others. Express an optimistic attitude of gratitude for self-healing. Enjoy to the fullest extent all aspects of your life.

Happy optimistic people are healthier and enjoy life more. Explore the experience of a predominantly low-fat diet to bring optimum benefit to your life.

**Be healthy... Be happy!**

In the interests of community health enhancement and life extension, McNaturals International™ hereby proposes that McDonalds and other similar fast food chains include in their menus, genuinely nutritious, plant based foods to help people acquire immunity efficiency for their vitality and happiness in life. These McNaturals foods should also be readily available for hospitals and schools.

This powerful one-page PosterScroll is for displaying where it can be easily seen, to educate, inspire and motivate. It is presented with compliments from McNaturals International™ as a contribution towards community health education.